



St. Lawrence College

voyageur

The Magazine for Alumni
& Friends of St. Lawrence
College

Summer 2013

A photograph of two men in a workshop. The man on the left is standing, wearing a dark blue polo shirt and grey pants. The man on the right is sitting on a wooden stool, wearing a light-colored plaid shirt, blue jeans, and a black baseball cap. He has his arm around the standing man's shoulder. They are surrounded by large wooden bowls and shavings on metal shelving units.

Hey! I've got an idea!

College research turns ideas into reality

Alumnus in Chief

SLC's new president talks past, present and future

Sharks, Nurses and Nerds

Four pages of reunion photos!

St. Lawrence College Part-Time Studies

**Courses for everyone,
for career upgrading or
personal interest**

**For complete course listings:
www.stlawrencecollege.ca
and click on Part-Time**

**Register online or call:
toll-free 1-866-276-6601**



St. Lawrence
College

Alumni Relations Mission

The Alumni Relations office exists to encourage positive engagement with our alumni, through lifelong, mutually beneficial relationships.

How to reach us:

St. Lawrence College Alumni Office,
 100 Portsmouth Avenue, Kingston,
 ON K7L 5A6

Kingston (613) 544-5400, ext. 1635
 Brockville (613) 345-0660, ext. 1635
 Cornwall (613) 933-6080, ext. 1635
 North America (800) 228-4664

alumni@sl.on.ca
 stlawrencecollege.ca/alumni

St. Lawrence College's Voyageur magazine is published bi-annually through the St. Lawrence College Alumni Relations Office and is distributed to 50,000 alumni and friends of the College. Contributions of articles and photos about or of interest to our alumni, as well as signed letters to the Editor, are welcomed and are published at the discretion of the Editor. To have your name added to our distribution list or to reserve advertising space in Voyageur, please contact the Alumni Relations Office. Ad rates are available upon request.

The views expressed in the editorials, articles, and advertisements in Voyageur are not necessarily those of St. Lawrence College, the St. Lawrence College Foundation, or the St. Lawrence College Alumni Association.

If you would like to have your name removed from the Voyageur distribution list, please send a letter to that effect, along with a completed Alumni Record Form, to the St. Lawrence College Alumni Relations Office.

Reproduction of Voyageur, in whole or in part, is forbidden without the expressed written consent of the Editor.

Publishing Schedule:

Issue	Copy/Ads Due	Distribution
Winter	October 1	December
Summer	May 1	July

Rates and Terms:

Rates and specifications are available on request. Full payment is due at time of publishing. Applicable taxes will be applied to all orders.

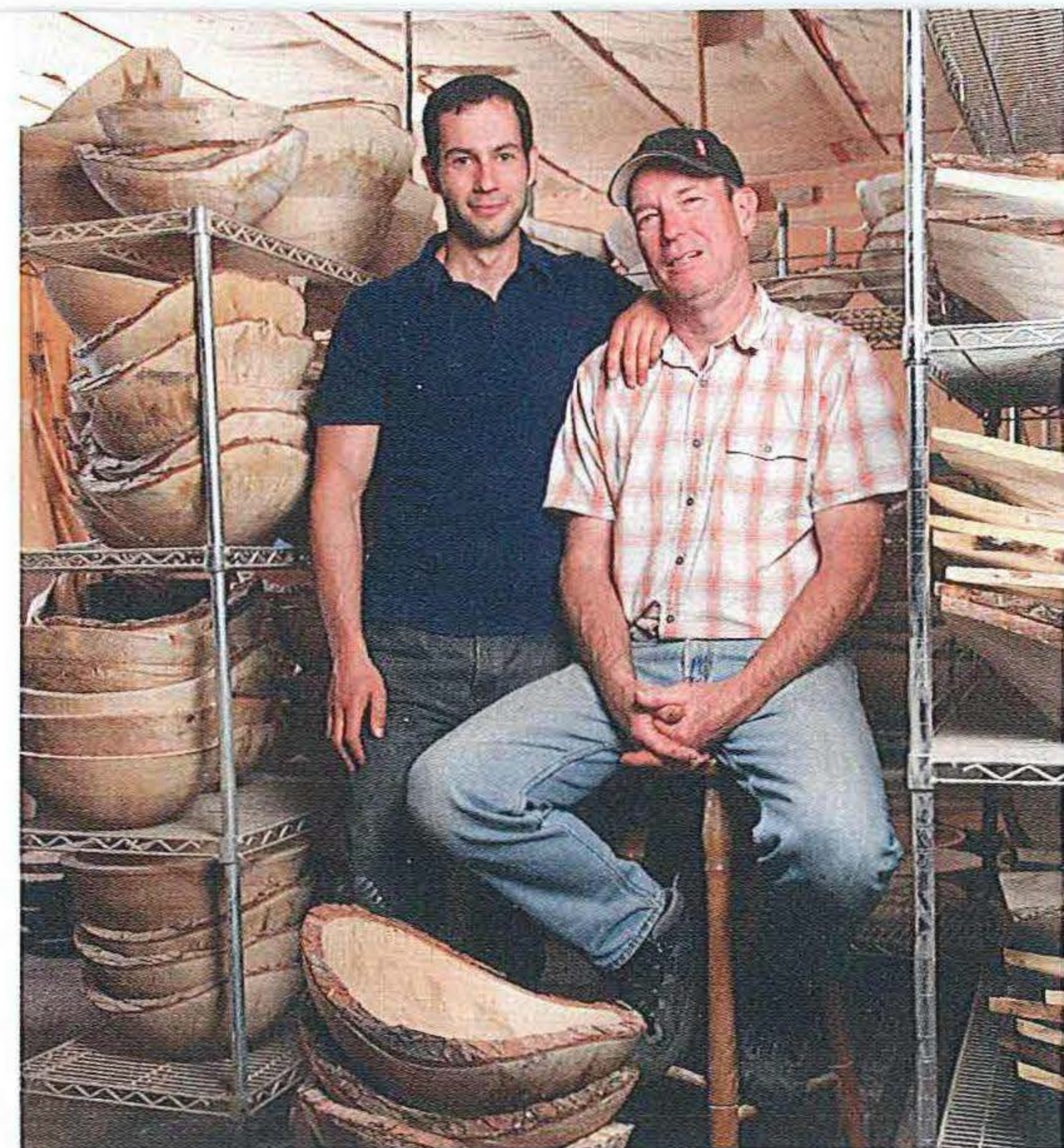
Ad Requirement:

Voyageur magazine is produced using Adobe CS5 for the Mac.

Preferred format: Mac compatible PDF or EPS files, with "type converted to curves", accompanied by colour hard-copy proof.

Photo and text requirement:

When supplying photographs for reproduction in Voyageur, we accept professional quality colour prints or 300dpi TIFF or hi-res JPEG files. Text is preferred in 12-point Times Roman with no indents or highlighting.



On the cover

Jesse and Don Stinson found the solution to a backbreaking problem, with the help of SLC's applied research. See the story on Page 8

Photo: Bernard Clark. Cover Story p8

On the inside

Alumnus in Chief	5
Honorary Diplomas	13
College News	16
Alumni News	18
Echoes & Passings	26
Alumni @ Work	30

Editor: Janine Foster
 Design: Heidi Wallace
 Printing: McLaren Press Graphics
 Contributors:
 Chris Clark
 Ed Lypchuk
 Dick Tindal
 Laura Tulchinsky
 Denise Wing

Photography:
 Bernard Clark
 Kevin Biggs
 Janine Foster

St. Lawrence College Stage

SEASON 2013-2014

Showcasing the students of
St. Lawrence College's
Music Theatre - Performance Program

Introducing another exciting season
with three fantastic shows, featuring
St. Lawrence College student excellence
in song, dance, and drama.
Don't miss a single one!

Cole Porter's Anything Goes

December 5, 6, 7, 2013 @8PM

December 8, 2013 @2PM

New Faces 2014

March 8, 2014 @2PM and 8PM

Les Misérables

April 10, 11, 12, 2014 @8PM

April 13, 2014 @2PM

For tickets, please contact
The Brockville Arts Centre
613-342-7122
www.brockvilleartscentre.com


**St. Lawrence
College**

Notes from the Editor



The Hunt for Alumni

I've had a lot of occasion in the last few months to apologize for what I do. It's not that I've offended people – or at least I don't think I have. But a lot of my work requires that I be . . . well, nosey.

I've spent the last few months 'investigating' a number of alumni. I've Googled them, looked them up in social media, and scoured the internet looking for references to their work or community involvement.

But it's not as creepy as it sounds – honest!

Every year (in actual fact, all year round) I'm on the lookout for potential Premier's Awards nominees. I keep an ongoing list of alumni who are doing interesting things, and I gather information – sometimes over a number of years – looking for the right time and the right people to take forward as our SLC nominees.


The Premier's Awards recognize the positive contribution that graduates of the Ontario college system have made to our province. The focus is on career success – in relation to the nominees' college education – but like the best vacations, getting there is half the fun. In the process of snooping on our alumni, I find all kinds of amazing people doing all kinds of interesting things. I guess with almost 80,000 alumni to pick from the odds are

in my favour, and I admit that the hard part is not finding the grads, it's narrowing the list down.

Watch for the next issue of *Voyageur* in December to find out more about the alumni we've asked to stand as St. Lawrence College's nominees.

What an amazing Spring! It started with about 100 men and women hockey players – Sharks Alumni (and a handful of Roadrunners too!) – moved on to a jam-packed and hugely successful Alumni/Student Mixer of our Information Systems grads in Kingston (that wasn't diminished one bit by the uncooperative elevator in which a handful became 'stuck'), culminating in a joint celebration of nursing history and SLC Nurses in particular, on Kingston campus that celebrated the 40 years since the move from the hospital schools.

All told, about 500 alumni found their way back to their home campuses, and the College did its best to roll out the red carpet (notwithstanding the elevator, of course!)

We took lots of pictures and are happy to share them in this issue. Take a look and see if there's a familiar face or two. Next year, it might be yours! 

Alumnus in Chief



Glenn Vollebregt is St. Lawrence College's first president who is also a college grad. We talk to him about the present, the future, and the role of Alumni at SLC.

By the time you read this, Glenn Vollebregt will have been on the job as President and CEO of St. Lawrence College for about six months. In that short time, he has presided over eight Convocation ceremonies, attended too many classes to count, embarked on an ambitious community consultation for the College's next strategic plan, and made the 401 between Kingston, Brockville and Cornwall his home away from home.

Voyageur caught up with the new president – a graduate of Georgian College in Barrie and the former CFO of SLC for the last 12 years - to talk to him about the College and its alumni.

Q: You are our first president to be a graduate of the Ontario College system. What do you think being a College alumnus will bring to your role?

A: You're right – I am an alumnus – and it gives me an interesting perspective for our students. I've been there. Even though I went on to get my accounting degree and a masters degree, I know I wouldn't have had any of that without my start in college.

Q: We hear a lot – and experience it - about parental pressure for their kids to go to university. Did you have that similar experience?

A: I was a first generation, so there wasn't that pressure. Just going to college was a big step for my family. A lot of people don't know this, but the program I started in at Georgian College, wasn't the one I ended in. I took the land surveyor course. I figured I liked numbers, I liked the outdoors ... but I found it wasn't for me. I was like a lot of students then as now, and I didn't know what I really wanted to do. When I went into the business program, that's where I found my fit.



Q: What was your first job after graduation?

A: I was hired by Georgian to work in their Finance office – processing expense reports. At the same time I was commuting to York University for my finance courses (en route to his CMA designation) with the VP Finance from Georgian! After that I worked in the private sector – a tremendous experience and one I encourage everyone to do, to work in both private and public. My last job before joining SLC was working with Mayor Mel Lastman and the City of North York, seeing the municipality through the amalgamation (that created the single City of Toronto).

Q: How did you come to SLC over 12 years ago?

A: I saw a posting for the VP of Finance for St. Lawrence College, and to be honest, I wasn't aware of the College at that time.

Q: Was leaving Toronto part of your motivation?

A: I grew up in Barrie (before living in the GTA) so coming to Kingston was a refreshing change. I loved the fact that we have multi campuses – I don't like staying in one place too long. I can't wait to go to Brockville and Cornwall every week.

Q: You have made a point of ensuring you're on all campuses as much as possible. Why is that?

A: Each campus is unique. And by trying to go to each one more regularly, I guess I'm saying that I don't want to be a guest on campus. And I want people to understand that anytime I say 'my community', I mean Brockville, Cornwall and Kingston. That's who we are.

Q: Each campus does have its own unique elements, but what do you see as the commonalities?

A: The student experience is the same. You talk to students in Brockville, Cornwall or Kingston and they say "I love the size of my classes" or "my professors really care". We as a College have created a student-centred environment that is consistent across all campuses, which is quite a feat.

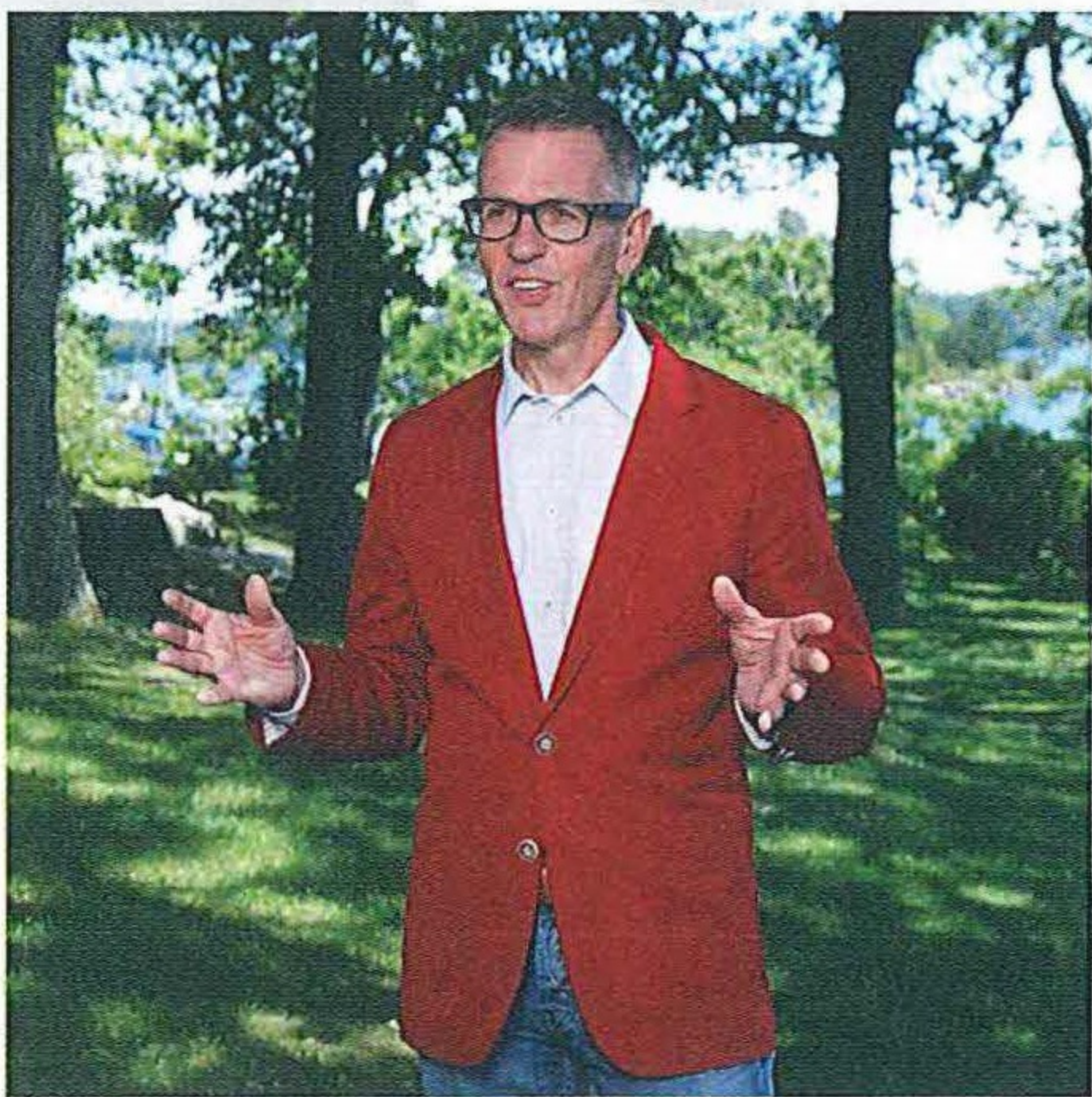
Q: What role do you see for alumni in the College?

A: We have a lot to learn from them and they have a lot to give. When our grads go out into the workplace, they bring the College with them, so they're our ambassadors. But I think we need to do more. We're shy to ask, and they're shy to offer, but people do need to be invited to the party and I think we can do more of that with our alumni. Every year when I attend the Premier's Awards, I'm so proud of what our alumni accomplish. We're building up some history (of achievement).

Q: Speaking of history, the entire College system will be 50 years old in 2017.

A: It is a milestone and it gives us a reason to celebrate our history – we don't do that enough. Alumni can help us in that. Look at the first graduating class in 1969 – they really were pioneers. When I was a grad in the 1980s, I didn't think about how new we were as a system.

We have a lot to learn from (SLC alumni) and they have a lot to give. When our grads go out into the workplace, they bring the College with them, so they're our ambassadors.



Q: I know in talking with my colleagues in the U.S. that they have a hard time understanding the Ontario College system. We're not a junior college, and we're not a university.

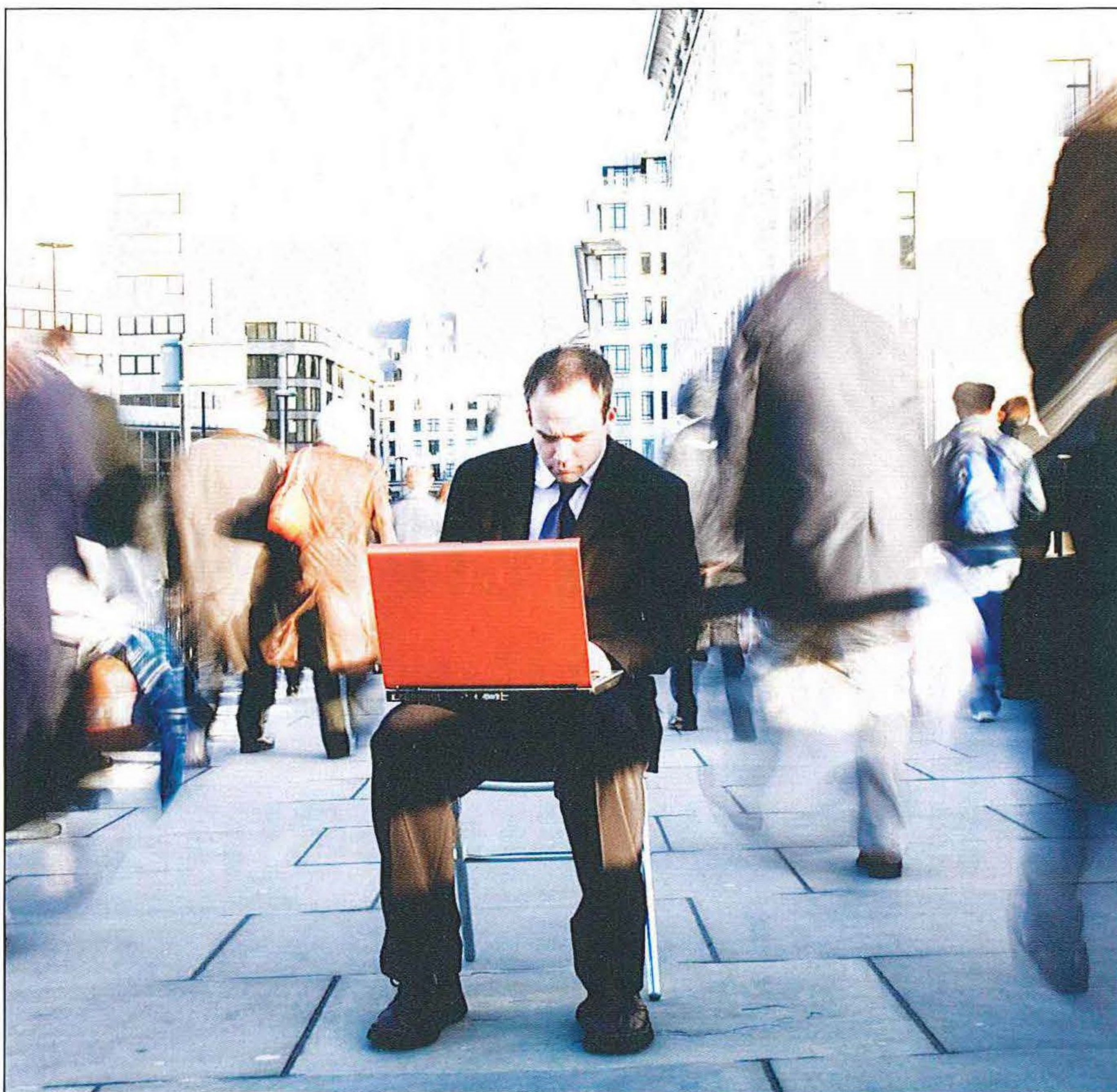
A: We are unique and that's been both our blessing and our hardship. In this ever-changing world, it's important for our students to get their credentials recognized. Everywhere else in the world, three years is a degree, and I'm glad we're talking about that now.

(Editor's Note: Premier Kathleen Wynne came out in support of that idea about two weeks after this interview.)

I do think that pathways to education will be a big thing in our future. I started taking courses only days after I graduated and that's even more important now – lifelong learning is essential. Colleges and universities should be working together for students, and it should be seamless and transparent, and that's what we're working towards.

Q: A final thought?

A: I owe everything to my college diploma. It taught me how to be a student.



GETTING THAT FIRST JOB OUT OF SCHOOL IS HARD, BUT WHAT ABOUT THE NEXT ONE?

You came to St. Lawrence to start your career. Now you can build on it with a unique suite of tools and networking opportunities available on-line and FREE.

- Design high-impact resumes online at a click of a button.
- Turn your resume into a website and build your online brand
- Join our Linked In Alumni Group and make connections with your fellow alumni
- NEW: Open to offers? Take advantage of a unique partnership with Hyland Human Resources, a Cornwall-based company whose Candidate Search Tool is used by companies across the country to find the right candidate for their open positions.

Find out more at
www.stlawrencecollege.ca/alumni

Hey, I've got an idea!

SLC research turns ideas into reality, while bringing learning to life for students and their clients

By Christopher Clark

It's only a slight exaggeration to say Jesse Stinson's job was killing him. His father Don too.

Father and son are the craftsmen behind a collection of handmade, wooden salad bowls that are known and admired around the world. They carve the bowls from Ambrosia maple trees, native to Eastern Ontario, using a lathe and specially designed chisels.

The result is a Stinson Studios salad bowl – each one unique with a look that gets recognized worldwide because they are as much works of art as they are functional salad bowls.

The company, located near Tamworth, north of Napanee, began operations in 1982 as more of a hobby for Don. Seven years ago, after son Jesse graduated from McGill and returned to the family business to work with his father, Stinson Studios incorporated and dramatically increased its production volume.

That's when the trouble began.

"My dad and I were destroying our bodies," Stinson recalls. "We had tendinitis, and we were working beyond the limits



of what our bodies could take. We were the only ones who operated the lathe, so we had to carve every bowl ourselves. It's an art that takes years to learn. It took me three years to do it profitably."

The company was approached frequently by large retailers such as Williams-Sonoma and Indigo Books to provide hundreds of bowls for all their stores. "We needed a lot more production to be able to say yes to them," Stinson says. "But we just couldn't work any harder or produce any more bowls."

Desperate for a solution to their dilemma, the Stinsons turned to the St. Lawrence College applied research department. It wasn't an obvious place to seek help, but then again their problem wasn't a standard challenge.

"Our business coach suggested we talk to the College," Stinson recalls. "We had started work on designing a new lathe that would be more efficient, but we needed help developing it."

Today, a year after first discussing their situation with the College, Stinson Studios has more than doubled its production volume. More importantly, Stinson and his father have regained their health and peace of mind. "It's still a handmade bowl, but we can make it faster and not hurt ourselves. Working with the College has been a fantastic opportunity for us."

The solution was the very definition of a collaborative venture, starting with the Stinsons' expertise, which was refined at the College by metal fabrication instructors and their students. Transformix Engineering also played a consulting role, bringing to the project its manufacturing expertise.

"They came up with some great ideas," Stinson says. "They looked at what we had done to that point and made some really smart changes. We still work with a lathe, but they changed how we guide the chisels and knives, taking a lot of the strain off our bodies to support them."

The Stinson project is just one of several examples of applied research at the College making a real world difference for companies that otherwise would not

have the resources to conduct research on their own processes. Across Eastern Ontario, businesses are teaming up with St. Lawrence College to develop new products and strategies, building markets and creating jobs along the way.

That is a key difference between research done at a college and some research conducted by universities. While universities often seek the answers to the world's big questions, and are therefore responsible for many of the great discoveries, applicability isn't always a determining factor. For the College, it's the starting point.

At the College, we emphasize applied research. We get our professors and students directly involved trying to solve a problem or improve a process. The work they do pays immediate dividends.

"At the College level, we emphasize applied research," says Cam McEachern, director of research at SLC. "We get our professors and students directly involved trying to solve a problem or improve a process. The work they do pays immediate dividends; its effects can be seen right away."

It's a natural approach because so many of the faculty members at St. Lawrence have direct experience with industry. When students work with them on a research project, they see how their lessons relate in the real world. They work on actual challenges, like the production bottleneck at Stinson Studios that was not just slowing down production but causing physical hardship to Stinson and his father.

Like many of the College's research projects, the Stinson project was funded by a Federal Development grant. "It was a three-way partnership," Stinson says. "The federal government paid 50 per cent, we paid 50 per cent, and the College supplied the expertise and ran the project."

College research projects generally are funded either by an Industry Canada Federal Development grant or by the provincial Colleges Ontario Network for Industry Innovation (CONII), which is funded by the Ontario Ministry of Economic Development and Trade. Either way, the funds are a catalyst to promote innovation and solutions.

Of course, it's not just the companies that benefit. Students work directly with the companies, getting an extended opportunity to apply what they've learned in a real world setting and seeing the results of their brainstorming and work.

Now that the Stinsons have sped up their lathe portion of their process, they have a new bottleneck holding up production. "The sanding process is slowing us down," Stinson says. "We're producing more bowls and our sanding process has never had to deal with that kind of volume. We've been talking to the College about how to address that. We may put that challenge out and see if we can repeat our success and solve this problem."

Ian Dick is the College's industry liaison. His job is to match researchers and students with companies that can benefit from a collaborative project. He set up the first Stinson project and is now working to secure CONII funding to tackle the Stinson's sanding slowdown.

"There are endless opportunities out there for the College to work with companies to solve challenges and create solutions. Our students love tackling these projects, and we're able to help companies that normally could not launch a project of this scale," he says. "We are talking to organizations in many sectors, including renewable energy and even the culinary world."

The College's Sustainable Energy Applied Research Centre (SEARC) is exploring a variety of renewable energy projects: photovoltaic panels that collect the sun's energy and convert it to electricity, wind turbine technology that uses wind to create electricity, and geothermal technology that uses the relatively constant temperatures not far below the earth's surface to heat and cool

buildings. Funded by the Natural Science and Engineering Research Council of Canada (NSERC), it operates about 10 projects per year with 20 students, working with up to 20 small and medium-sized enterprises (SMEs) throughout Eastern Ontario.

While much of the collaboration is with companies, St. Lawrence is also applying its research model to community service and health science organizations, many of them in the public sector.

"St. Lawrence is unique because we have such a large percentage of programs in health sciences and other public sectors service areas," says McEachern. "These challenges are not related to manufacturing but we're also doing applied research in those areas as well."

In fact, St. Lawrence is actively working to create a teaching and research laboratory, along the lines of the SEARC, devoted to child behaviour. It would piggyback on the school's highly regarded Behavioural Psychology degree program, and other related programs. Graduates are hired by school boards, child treatment centres and youth correctional facilities across North America.

"It's a long process to establish something like this," McEachern says. "But we believe there is real value in this

ground-breaking concept, so we're very excited about the possibilities."

Even when the College works with businesses, it's not always about manufacturing techniques and strategies. A handful of computer programming students have helped revolutionize the way a Kingston software developer operates.

"We've reduced a process that used to take weeks to about an hour," says Chrystal Wilson, one of two partners who own and operate jNetrix Systems

Inc. She and Jeff Gibson employ 10 full and part-time employees and write software for telecom companies around the world.

"We work behind the scenes for a lot of telecom companies, doing everything from pre-paid cards, teleconferencing, intercepts and even wire tapping software," she says. The company also works for a large marketing company that controls the lion's share of toll-free numbers in North America.



Chrystal Wilson, jNetrix Systems

What does your legacy look like?

The St. Lawrence College Foundation provides assistance to individuals considering a personal planned gift through bequest or life insurance. Personal or family named bursaries, scholarships and awards are among the numerous opportunities donors have to leave a legacy of education for others through St. Lawrence College.

For information on giving to The St. Lawrence College Foundation contact us:
The St. Lawrence College Foundation, St. Lawrence College

2288 Parkedale Avenue
Brockville, ON K6V 5X3

2 St. Lawrence Drive
Cornwall, ON K6H 4Z1

100 Portsmouth Avenue
Kingston, ON K7L 5A6

foundation@sl.on.ca, 1-800-228-4664

www.stlawrencecollege.ca/foundation

Registered Charitable Number 10802 7202 RR 001



St. Lawrence
College
FOUNDATION

Although their products are entirely different, the issues facing jNetrix were similar to those hobbling Stinson Studios. Wilson and Gibson were spending most of their time writing code, which left little time to do much else.

"Testing software is one of the most important parts of software development," Wilson notes. "But it often is one of the most undervalued. You can pay someone to test your software, but without knowing all the intricacies of it, they can't really evaluate it properly. Our software has lots of components; it's difficult to test."

As a result, they were spending weeks to test products, causing a huge backlog in their production. "We had customers who had to wait up to two years for products. Obviously, that's unreasonable. Plus, it would be nice if Jeff or I could go on vacation once in a while. We couldn't afford to take a day off."

Funded by a FedDev grant, the College and jNetrix formed a partnership to develop an automated testing solution. Students worked in the jNetrix office, writing code and tackling a challenge that could not have been more real. Today it takes less than an hour to test a typical product, rather than weeks when it was checked manually.

"That has made us more competitive across all our systems," Wilson says.

Now jNetrix is expanding its whole operating model, moving from primarily a software support service to a company that creates original operating systems for the telecom industry. It has targeted an antiquated customer service system used by many companies as its first product and plans to begin selling and licensing it to telecom customers in the coming months.

"We're working with two students on that project, and we just hired an engineer to help manage our growth," Wilson says. The second, more ambitious, project is funded by a CONII grant and has the potential to change the entire focus of the company.

"It's a perfect example of the effect applied research can have on a small business," McEachern says. "Obviously jNetrix is very good at what it's doing, but with some help from St. Lawrence it has been able to achieve much more than it might have on its own. Small and medium-sized businesses just don't have the resources, and more importantly the time, to devote to projects like this."

As the Stinson and jNetrix experiences show, finding a way to access applied research from St. Lawrence can change a company's fortunes, helping it find new markets and expand around the world.



THE JOB YOU
LOVE
IS CALLING



Logistics and Supply Chain Management Post-Grad Program, Cornwall

Take your diploma or degree further. The supply chain is one of the most essential sectors of the Canadian economy, involving about 767,000 workers from a range of occupations and industries (Canadian Supply Chain Sector Council). Get the in-demand skills, knowledge and hands-on experience necessary for a career in logistics and supply chain management in just one year.

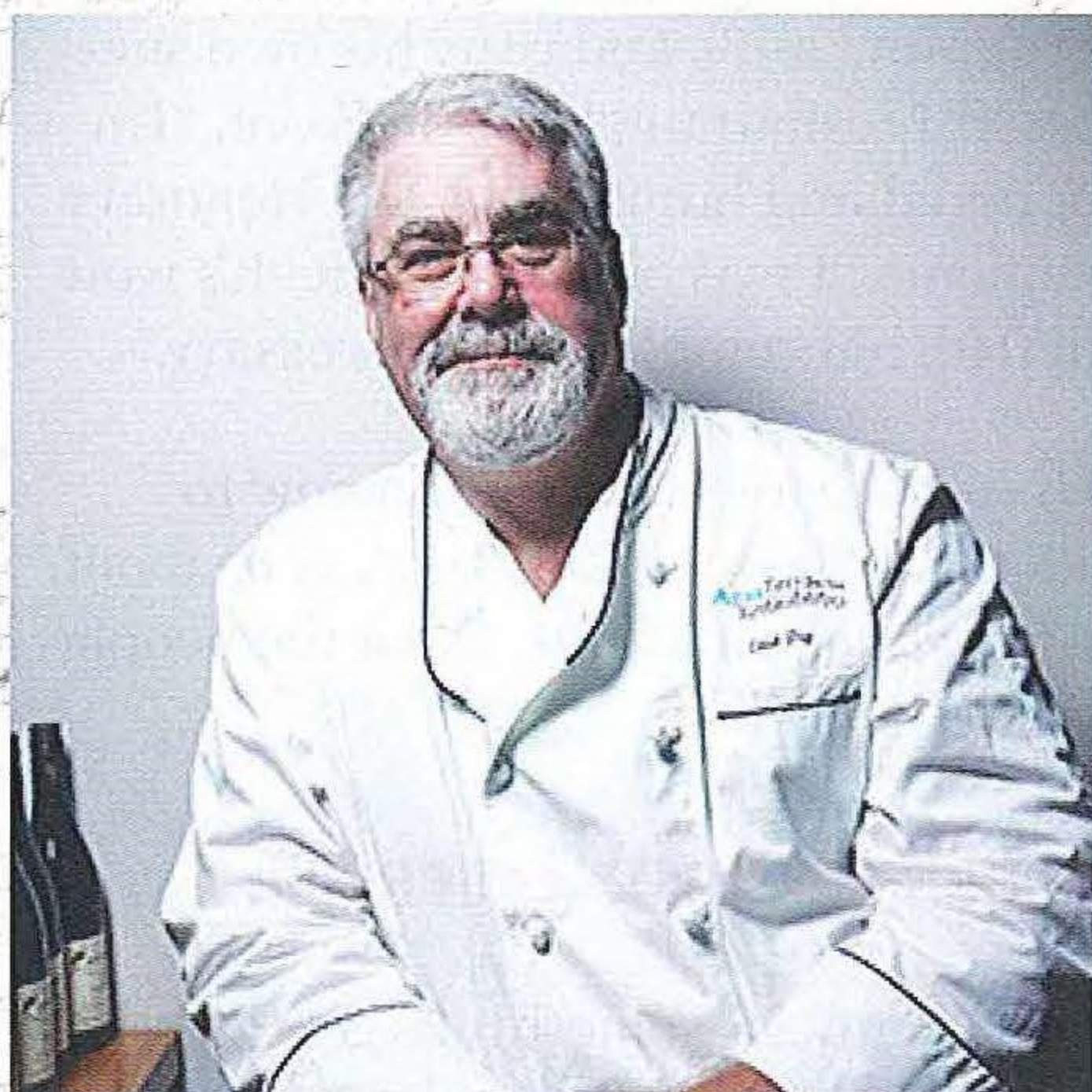
www.stlawrencecollege.ca/logistics



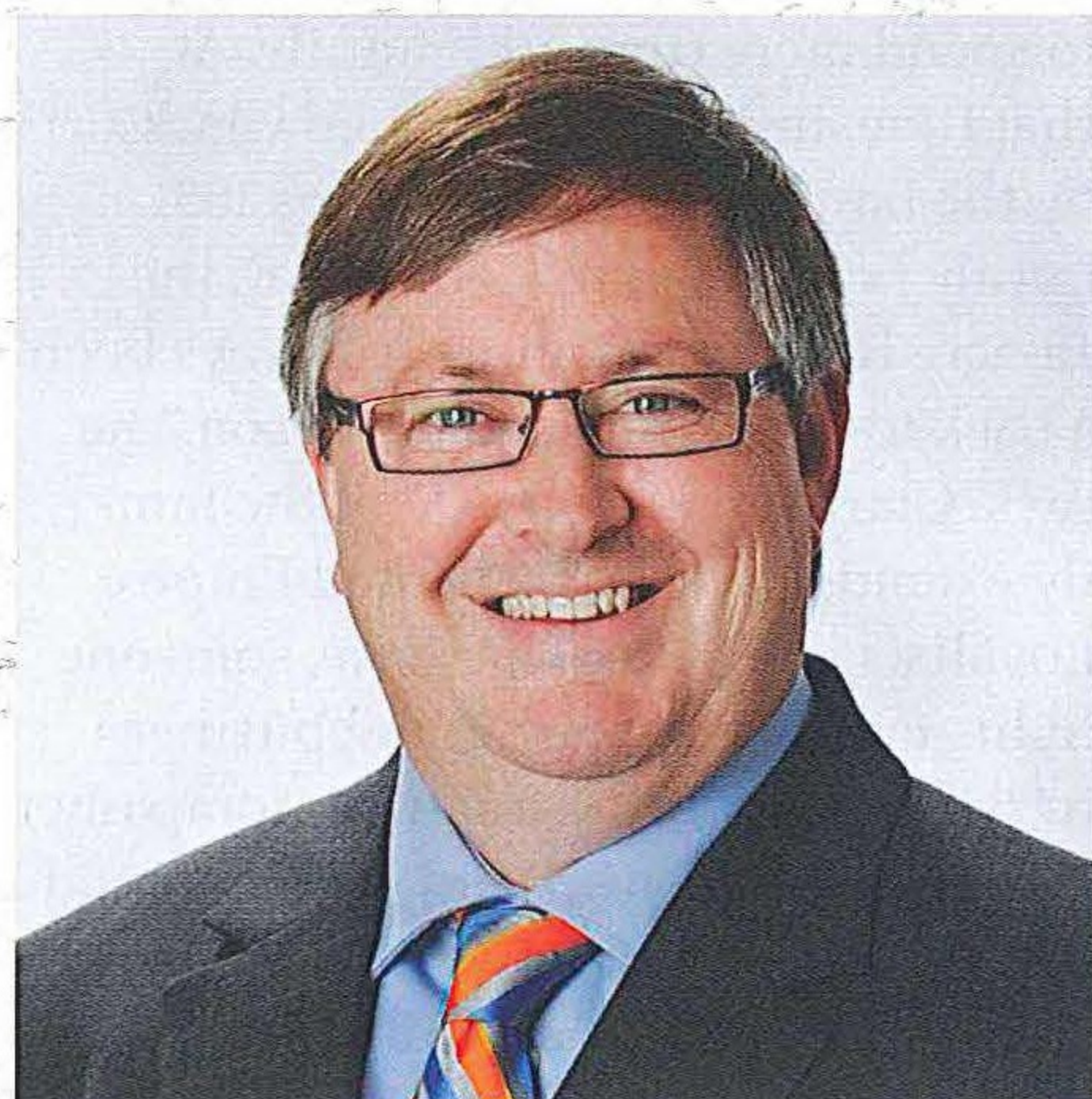
St. Lawrence
College

This year St. Lawrence College welcomes three new honorary diploma recipients who bring passion, innovation and commitment to our communities.

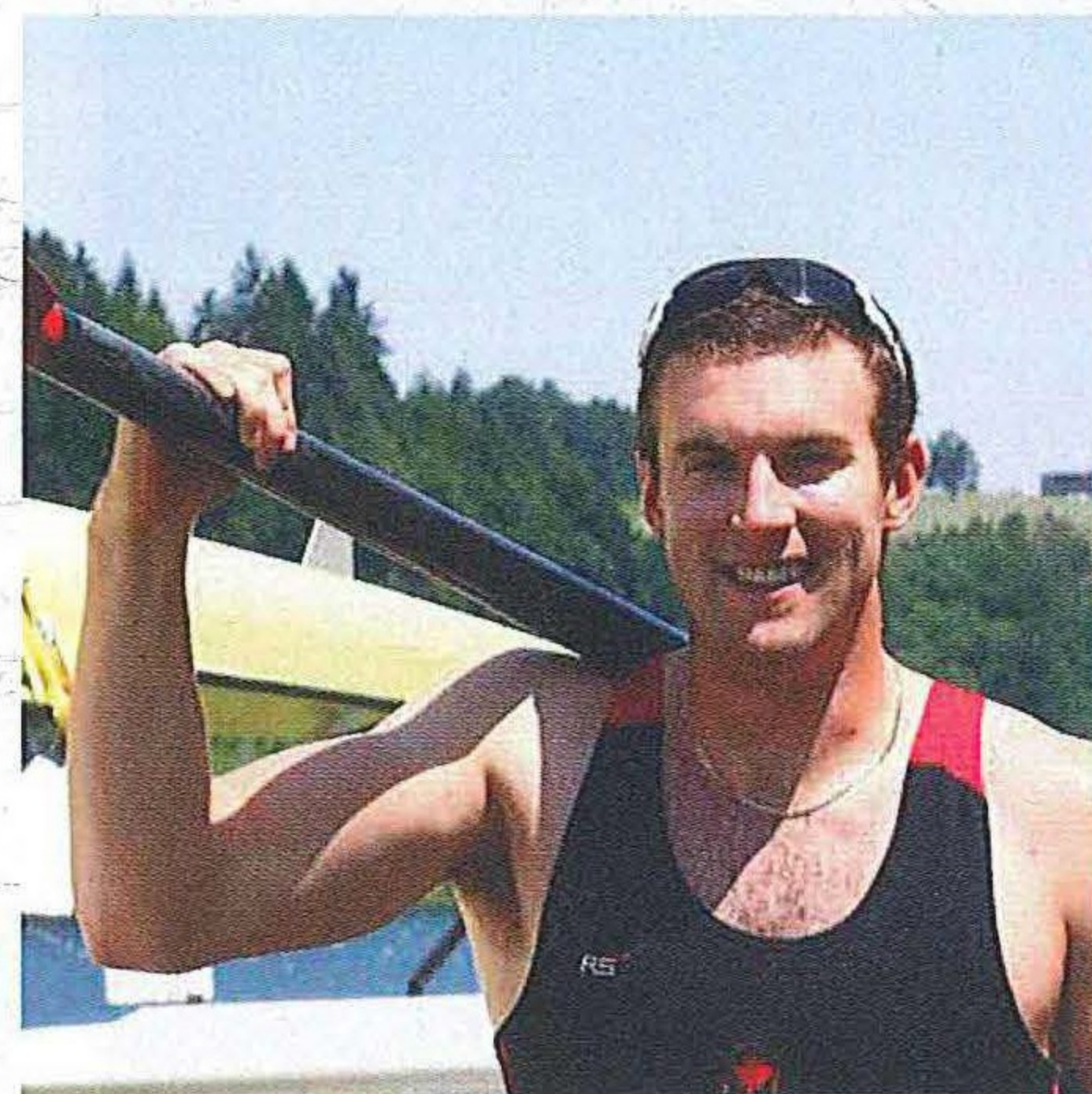
by Laura Tulchinsky



Clark Day



Sean Adams



Conlin McCabe

The Honours

Honorary Diplomas are the highest form of recognition that St. Lawrence College can bestow. They are awarded to individuals or organizations whose accomplishments are of such a high degree of excellence that they can be held up as role models, and serve as an inspiration to our graduates and the College community.

Clark Day - Kingston

For Kingston restaurant owner and chef Clark Day grew up eating what he calls “really delicious food” and was exposed to fine dining at a very young age. His father was in the RCMP and the family spent his early childhood in Germany and Switzerland. “I was a picky child. I knew what I liked to eat, and the way food should taste,” he said. “I liked playing around with flavours and food and cooking with my mother.”

Clark’s many achievements are well known to Kingstonians, who have been enjoying his culinary delights for 30 years. But they may not know that Clark got into the restaurant business almost by accident. After running his own successful business at the age of 22, he decided to move to the Ottawa Valley where he had purchased property when he was 19. He started serving part time

and found the business quite intriguing. He moved to Edmonton where he worked as a part-time server at one of the top restaurants in town called Jonathan’s. With no formal culinary or hospitality training, at the age of 25 Clark was promoted to general manager, and he had 80 staff members reporting to him. “I was completely immersed and learned everything: front of house, back of house, menu planning, and how to create flavours.”

With his new expertise and passion, Clark came to Kingston with his high school sweetheart and wife of 35 years, Laurie, in 1985. They opened what would be his first restaurant, The River Mill, in the run-down and virtually abandoned Woolen Mill building in the heart of the old industrial inner harbor. “Everyone thought I was crazy,” he says with a

WORLD BUSINESS FORUM

SLC • KINGSTON

OCTOBER 1ST & 2ND 2013
SLCWBF2013.EVENTBRITE.CA
ENACTUSSLC.CA

SPEAKERS INCLUDE:

Jack Welch
Gordon Brown
Denise Morrison
Stephen Dubner
... and many more

Brought to you by:



Find us on
Facebook
Enactus St. Lawrence College



@SLCWBF

College News

laugh. "But one of my favourite challenges is when someone says, 'you can't do that', I always say, 'wanna bet?'"

The River Mill was a success. Clark was pouring 100 hours a week into running it, and Laurie at least 55 hours a week. The one day a week they devoted to family time was Sunday. After a year, they decided to sell because it was important to spend more time with family. At that time, in 1987 they opened Clark's by the Bay, and lived on Clark's 1831 family homestead in Collins Bay, the 15-acre Bayview Farm. "I've always been a back-to-the-land kind of person," he says. Clark's maternal side of the family extends back to the United Empire Loyalists, and since that time, someone in his family has been doing business in the area, running a rafting company, a distillery, five mills and even the food business; his grandfather owned an ice cream factory, and according to family lore, was first person to make maple walnut ice cream. Clearly, food innovation is in Clark's DNA.

Clark's by the Bay became hugely successful and was the only CAA 4 diamond award winner between Ottawa and Toronto at the time. After a good run, Clark and Laurie decided to make Bayview Farm a full-time family home with their 3 children and they closed Clark's by the Bay.

But before too long, Clark was back with Clark's on King in downtown Kingston, which he ran successfully for six years. High blood pressure and a building that required complete masonry reworking prompted Clark to change direction. Clark found a new way to be in the business he loves by consulting. He was involved in the opening of Le Caveau in downtown Kingston, and then began to work with the Radisson (soon to be Delta) to create Aqua Terra by Clark.

Clark has always been very involved in local causes and charities. He founded Fare for Friends, the single largest fundraising activity by the United Way in Kingston, which has raised over a million dollars in 20 years. He also

supports Martha's Table, Kingston General Hospital, Hotel Dieu Hospital and Almost Home, and the innovative fundraiser Dine in the Dark with Clark to raise funds for the CNIB.

Clark understands the importance of St. Lawrence College in the community. His son, Matt, is a graduate of the Hospitality Management – Hotel and Restaurant program (2013), and runs his own successful restaurant, Days on Front. "I'm honored and humbled by the Honorary Diploma. It was out of the blue! It's wonderful, but completely unnecessary."

His advice for graduates on how to succeed: "Love what you do, care about what you do, and care about the people you do it with."

Conlin McCabe - Brockville

How many 20-somethings get their own municipal "day"? Well, when you bring home an Olympic medal, that's what you can expect in the close-knit community of Brockville. Last summer when rower Conlin McCabe returned to his hometown after the Olympics with a silver medal win in the Men's 8 team, he was given a well-deserved hero's welcome by the community. August 23, 2012 was named 'Conlin McCabe Day', and every marquee in the community, including St. Lawrence College's, proudly displayed a message to him.

And while Conlin may live far away in Seattle now, his heart will always be at home. "Brockville has a special place in my heart, no matter where I go or live in the world, every time I come back to Brockville it immediately feels like home," he said. "The infrastructure might change but the consistent thing about Brockville is the people that live there. From my experiences travelling, it's the people within a city that make it unique and exciting."

Conlin's mother, Sharon, is a St. Lawrence College alumna, having graduated from the Personal Support Worker program in 1999.

Sean Adams - Cornwall

On Wednesday afternoons, as a small child, Cornwall lawyer Sean Adams would accompany his father Ron to his small satellite office in Maxville, Ontario, and there he saw firsthand the difference his father, a lawyer, made in the lives of people. "He had a small office in the King George Hotel," Sean recalls. "People would bring him gifts of fresh produce and food, and be so thankful to him." And, in what may sound a little like a John Grisham novel, Sean knew from a very young age that he would follow in his father's footsteps and go into law.

After graduating from General Vanier High School, Sean attended Queen's University for two years and was accepted into law school at the University of Ottawa without first completing an undergraduate degree. This was also in line with family tradition, as his father did the same. Ronald Adams was the first graduate of the University of Ottawa Law School in 1960.

After law school, Sean articulated for Seguin, Landriault and Lamoureux, a mid-sized law firm in downtown Ottawa, where he gained invaluable experience. He was hired by the firm after completing his bar admission course, and practiced there for four years before heeding the call to return home to join his father's firm in Cornwall. Tragically, his father passed away one year later, at the age of 53. "We only worked together for a short time. I am grateful for the time we did have," Sean says.

Over the years, Sean has been very focused on giving back to the community. He has been involved with organizations such as the United Way, Knights of Columbus, Cornwall Community Hospital Foundation, Rotary Club, The Children's Treatment Centre, The SD & G Law Association, Heart & Stroke Foundation, The Weave Shed Arts Centre, The Patrons of St. Columban's Foundation, as well as coaching hockey, ball hockey and lacrosse. "I've always believed in giving

back," Sean says. "My parents raised us to be appreciative of our good fortune. They were involved in many charitable organizations, but also did things behind the scenes that nobody saw."

Sean has seen the transition of Cornwall from an industrial town to a modern city and believes that St. Lawrence College is a key player in that change. "I had a tour of the campus recently and was impressed by the range of technologies, the teaching facilities, the theatre; it's a beautiful campus; a true gem for the City of Cornwall."

"It's such an honor to receive an honorary diploma. I am very humbled." Sean's advice to the graduating class: "Be passionate about what you do and put all of your energy into those endeavours. Don't be afraid to fall. Just pick yourself up and continue on your way to reaching your goals. You can make a difference, a real difference!"

VIA RAIL AND ST. LAWRENCE COLLEGE ALUMNI PARTNER UP

VIA Rail has extended the St. Lawrence College discount to all alumni. Next time you travel, you'll enjoy a 5% discount off the best available fare when you use the discount code 710598. To learn more or read the terms and conditions please visit www.stlawrencecollege.ca/alumni.



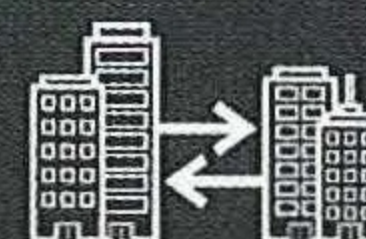
FREE
WI-FI

+



CELL PHONE
USE

+




DOWNTOWN-
TO-DOWNTOWN
SERVICE



™ Trademark owned by VIA Rail Canada Inc.

Buy now at viarail.ca

A MORE HUMAN WAY TO TRAVEL  VIA Rail Canada

SLC Employment Service launches free Eastern Ontario Job Board

Finding the right employee for the right job just got easier with the launch of a new and fully customized website and job board from St. Lawrence College Employment Service: www.employment-service.sl.on.ca.

Using a new cloud-based tool called the Job Description Builder (JDB), companies of all sizes are able to customize job description templates, while also allowing job seekers to fully customize their job search. Each job description is fully customizable by the user. The JDB also includes a profile of the ideal candidate for each description created. This profile can be used in tandem with pre-assessment tools and job-fit testing to make hiring decisions even easier.


"The new website facilitates connections between employers and job seekers and provides an in-depth guide to career opportunities based on the current and

projected economic needs of Eastern Ontario, supported by the newest technology," says Charlie Mignault, Director of Business Development. "We have strategies in place to ensure this becomes the number one resource for job postings in Eastern Ontario."

The website and job board will be a useful tool for employers looking to access a deep pool of candidates and also to provide support in their recruitment processes. HR professionals will have the ability to access a growing, cloud-based resource for building job descriptions. The website will also allow a company to easily organize their job description library and communicate job expectations.

The website is designed for all community members looking for work, including students and graduates transitioning from school to employment. Job

candidates will benefit from accessing an online resource centre that includes updated labour market information to support their job search preparation, application and outcome. Mignault explains, "The website will profile Eastern Ontario's top 50 in-demand occupations, providing users with access to explore potential career paths, apply online to opportunities of interest and gain an understanding of the training and skills they need to succeed."

Mignault believes that setting clear employee expectations through proper job descriptions is a critical first step in reducing expensive turnover for employers. Research shows that 75 per cent of job applicants won't apply for your job opening if they don't like the job description and that 40 per cent of new hires fail within a year. 

Mental Health Partnership

Queen's and SLC partner to support students with mental health disabilities

Queen's and St. Lawrence College have received \$1 million over three years from the provincial Mental Health Innovation Fund to develop standards that will help students with mental health disabilities access academic accommodations faster and more easily.

"This is a great example of how universities and colleges can work together to support all students," says Queen's Principal Daniel Woolf. "This initiative will result in the development of guidelines to help the post-secondary education sector better support students with mental-health-related disabilities, province-wide, in getting the accommodations they need."

The number of students with mental health disabilities registered with Disabil-


ity Services Offices in Ontario's post-secondary sector has increased by 60 per cent in the last five years.

"This project will help the whole PSE sector respond better to a growing population of students with mental health disabilities," says Glenn Vollebregt, President and CEO, St. Lawrence College. "Mental health disorders tend to be episodic and symptoms may fluctuate. The standards will provide a consistent framework for health-care providers to explain disabilities and their potential impact on academic performance."

The project also includes the creation of a website, training for staff, faculty and student leaders on accommodation practices that can be shared province-wide,

a resource handbook for students and conferences for front-line service professionals across the sector.

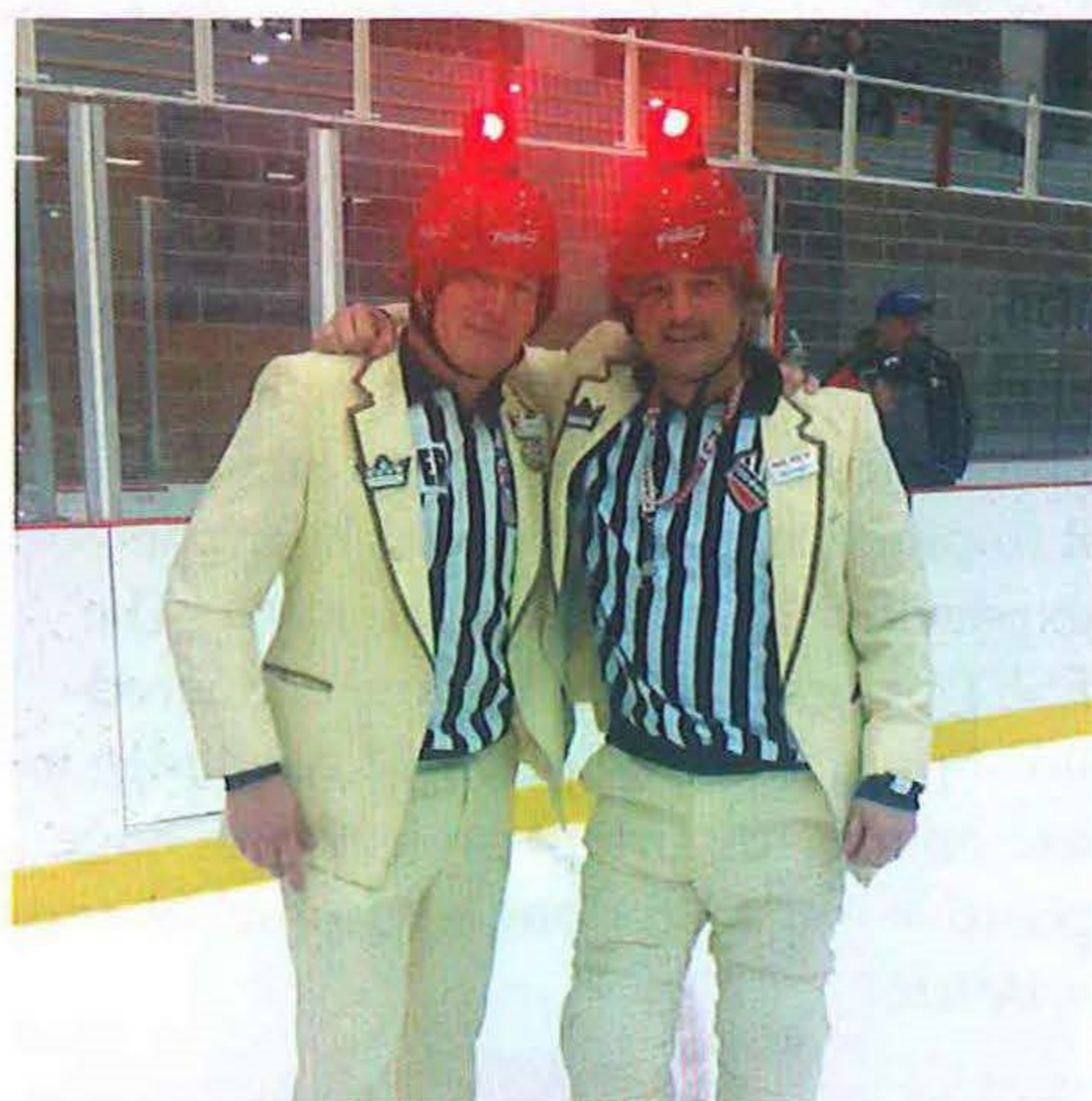
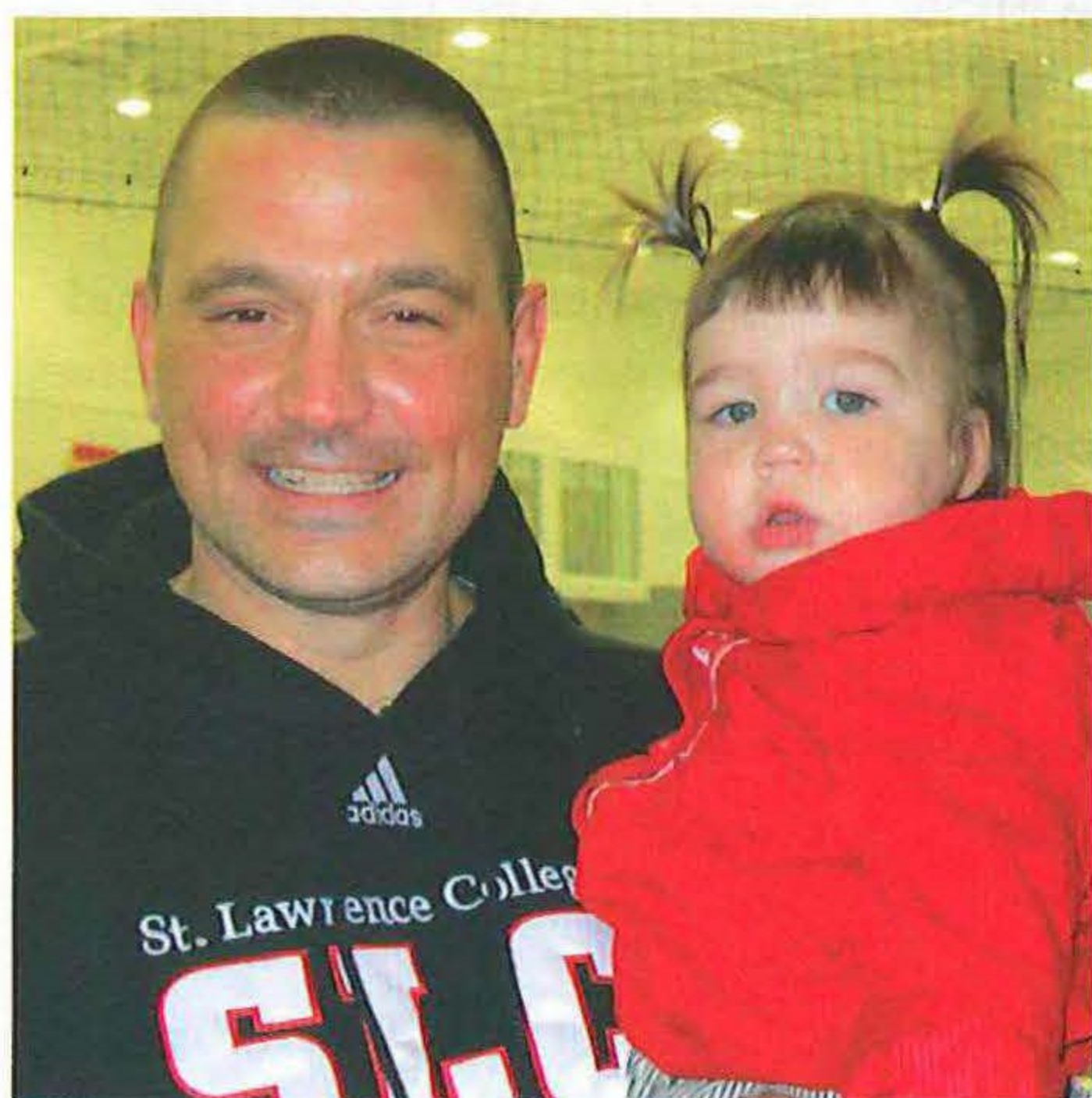
This initiative is being co-led by Mike Condra, Assistant Professor in Queen's Department of Psychology and Director of Health, Counselling and Disability Services and Wanda Williams, Director of Students Services, St. Lawrence College.

Queen's is also receiving \$426,000 from the provincial government to develop a new peer mentoring program focused on supporting students with mental health concerns that can also be implemented at post-secondary institutions across Ontario. 



Sharks Hockey Alumni Weekend

See more photos on our Alumni Flickr site: www.flickr.com/photos/slcalumni

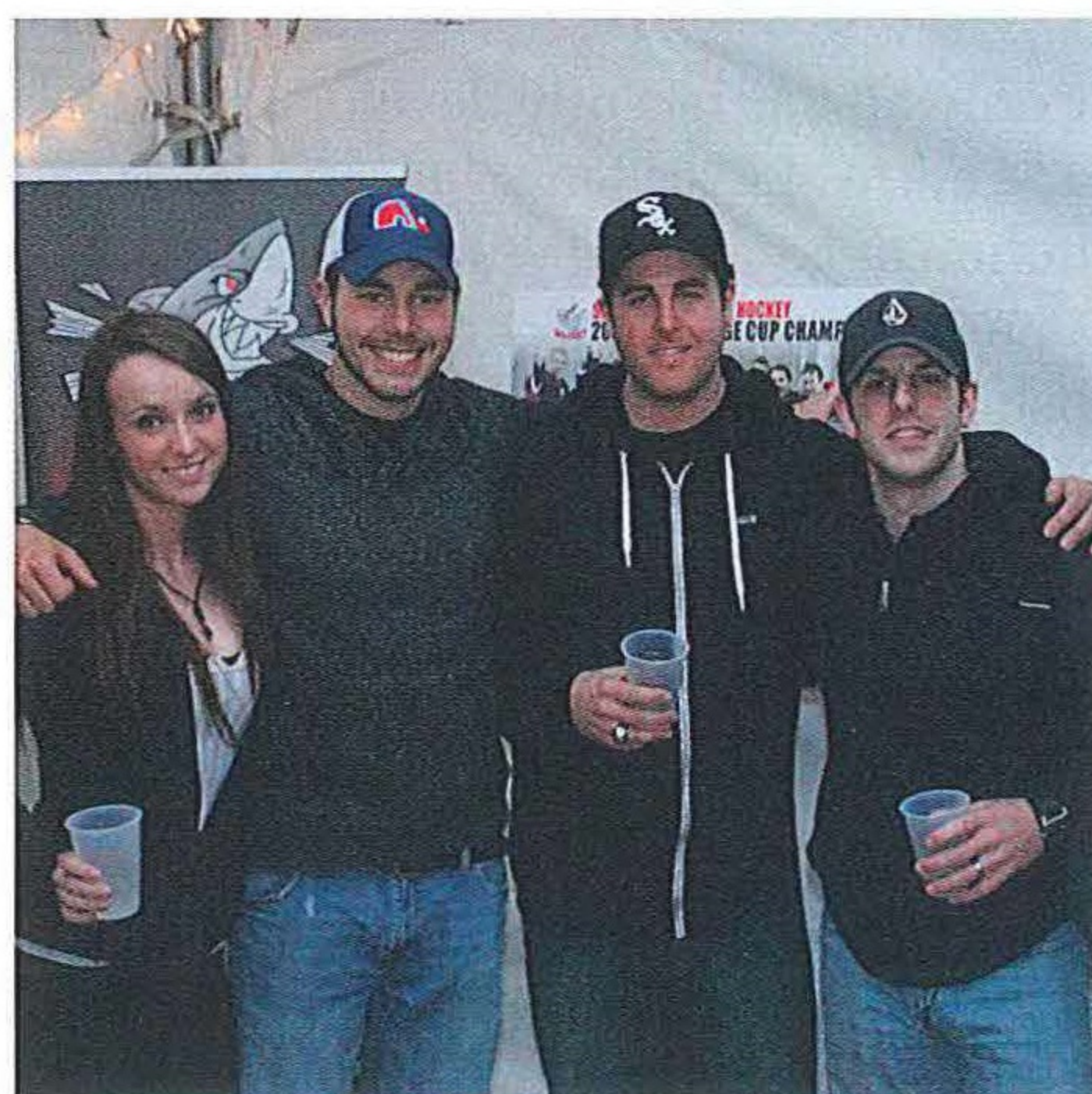
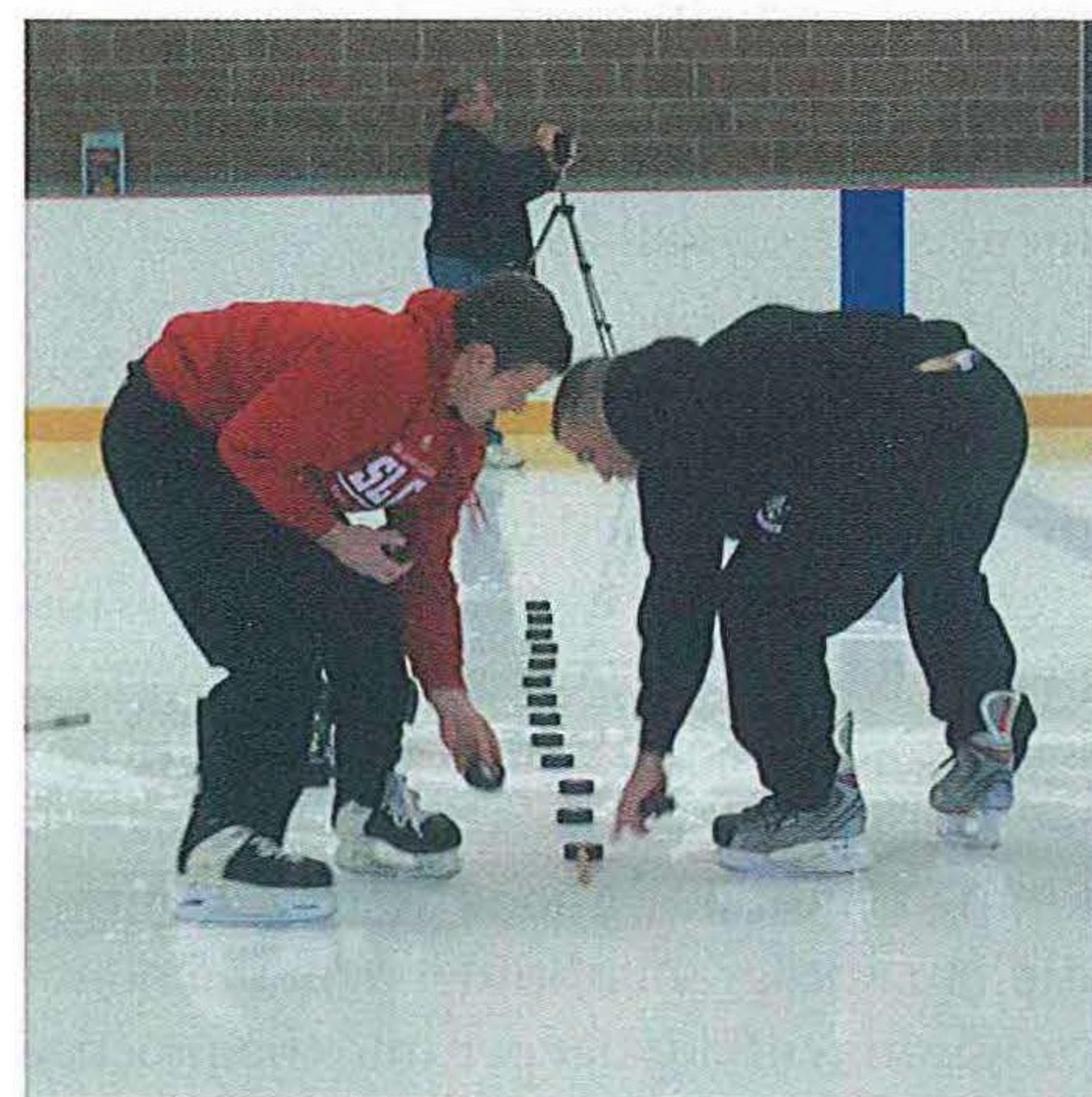
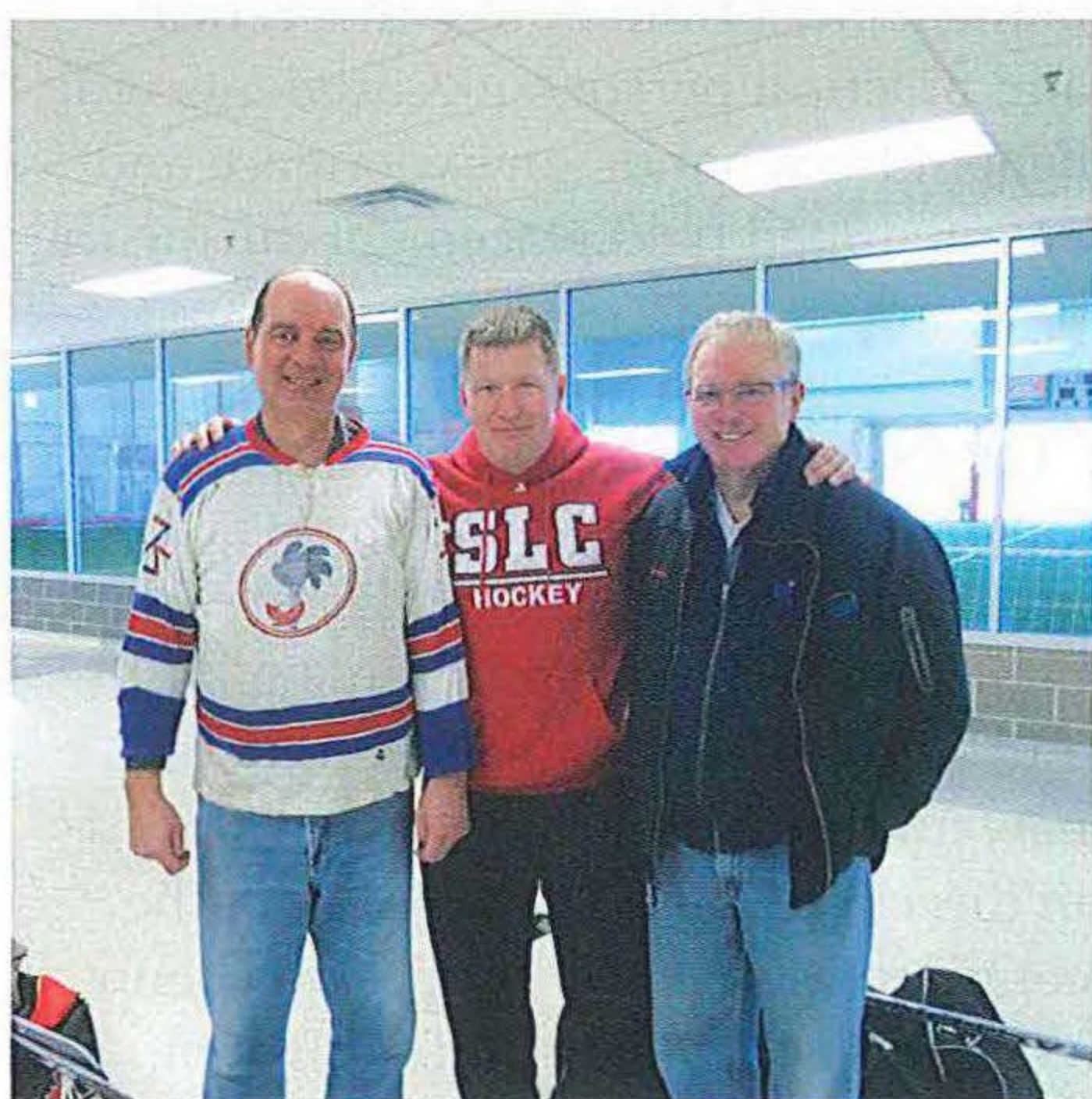




Over 100 Sharks and Roadrunners gathered for the first ever Sharks Hockey Alumni Weekend on April 5-6, converging on Cornwall to renew old friendships and have some fun playing the game

they love. Organized by Sharks coaches Sean Boulerville and Mike Pettinella and a committee including the Alumni and Athletics offices, alumni were hosted at a meet-and-greet Friday night, followed

by a full day of games – mixing men, women, young and old – culminating on a lively pub at the Shark Tank. Congratulations to the Grey team who won the inaugural tournament. 🏆



St. Lawrence College grads can now continue their studies in Ireland


Thanks to a new partnership, St. Lawrence College grads in nine full-time programs will have an amazing opportunity to turn their diplomas into degrees in beautiful County Kerry, Ireland. The partner school, Institute of Technology Tralee, is a post-secondary institution that delivers programs ranging from two-year diplomas to PhDs.

The agreement allows St. Lawrence College graduates from the following two-year diploma programs to earn a Bachelor's degree in one year: Computer Networking & Technical Support; Fitness and Health Promotion; Early Childhood

Education; Hospitality and Tourism Management; Hotel and Restaurant Management; and Culinary Management. Graduates from the following three-year advanced diploma programs can earn an Honours degree in one year: Computer Programmer Analyst; and Energy Systems Engineering Technology. Civil Engineering Technology graduates can earn an Honours degree in two years, with two semesters in class and the remainder in industry work placements.

"This is a great opportunity for St. Lawrence College graduates to move on

to Bachelor's degrees," said Don Young, Dean of the Faculty of Applied Science at St. Lawrence College. "IT Tralee has the same close-knit community and focus on student success that St. Lawrence College has. A Bachelor's degree in a year in Ireland is a fantastic way to get to the next level and start a career with a strong academic foundation."

IT Tralee has approximately 3,500 full time students and has a very similar range of programs as St. Lawrence College. For more information on IT Tralee, please visit www.ittralee.ie, and www.stlawrencecollege.ca/ireland. 

St. Lawrence College launches two new Graduate Certificate programs geared to grads

St. Lawrence College will offer two new programs that will be of special interest to Alumni: Interactive Marketing Communications, starting Fall 2013, and Logistics and Supply Chain Management, starting Fall 2014.

The one-year Interactive Marketing Communications graduate certificate program is designed to prepare graduates for careers as digital strategists. This new program, offered on the College's Kingston campus, builds on the solid reputation of the Advertising & Marketing Communications Management diploma programs. Students in the new program will dig deeper into the practice of integrated marketing communications through practical, hands-on study.

Graduates will find work as digital strategists in ad agencies or marketing departments, or in organizations and agencies as account representatives. According to a 2010 study by the Interactive Advertising Bureau of Canada, a survey of advertising agencies in Toronto suggests a growing demand for digital strategists.

The curriculum in this specialized program will be focused on strategy development. With the college's state-of-

the-art Marketing Communications Centre modeled on an interactive marketing agency, the new IMC program teaches an integrated approach to media (both traditional and digital) and an interactive approach to message, according to John Conrad, Associate Dean, School of Business at St. Lawrence College.

"This new graduate certificate will deepen the students' understanding of marketing communications in general, and develop new skills in planning and implementing IMC campaigns. From concept to execution and evaluation, students will work to solve real challenges from real clients," he said. "A six-week work placement will augment the in-class work, providing unbeatable experience and industry contacts for their future careers."

For those who like their business less virtual and more pragmatic, the new Logistics and Supply Chain management program will offer a new graduate certificate program designed to prepare graduates for careers in the growing supply chain sector.

The one-year Logistics and Supply Chain Management program will be offered on the College's Cornwall campus. Over

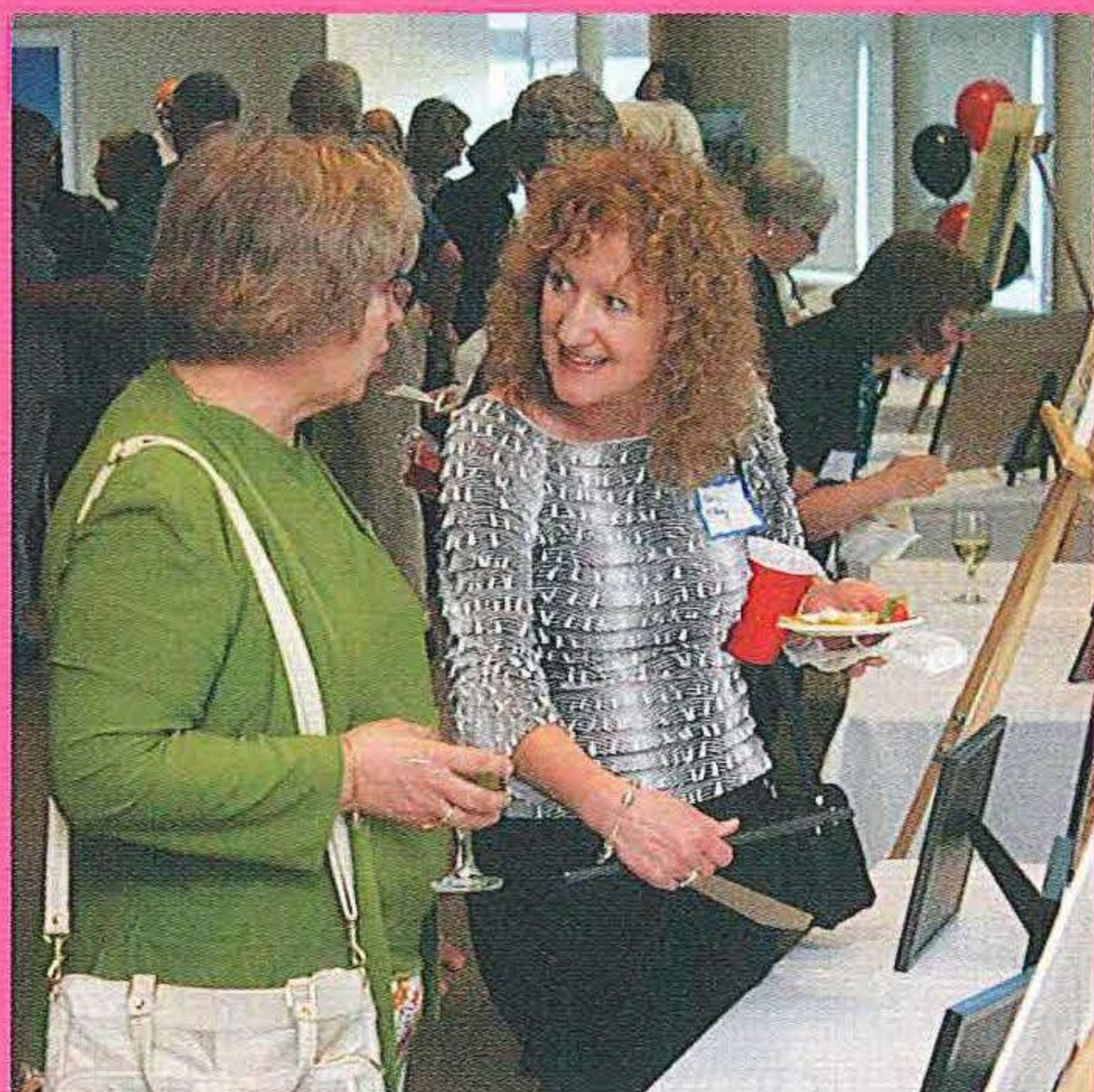
three semesters, students will study all facets of logistics and supply chain management from both a theoretical and practical perspective. Students will benefit from hands-on experience and an integrated field placement during the program.

"The supply chain sector in Eastern Ontario is expanding and there is a growing need for knowledgeable and highly skilled individuals in logistics and supply chain management. This new graduate program was developed in direct response to the needs of the communities we support," said Glenn Vollebregt, President and CEO of St. Lawrence College.

Cornwall has recently developed into a "Centre of Excellence" for the distribution of goods and materials across Canada with several companies establishing regional distribution centres in the city.

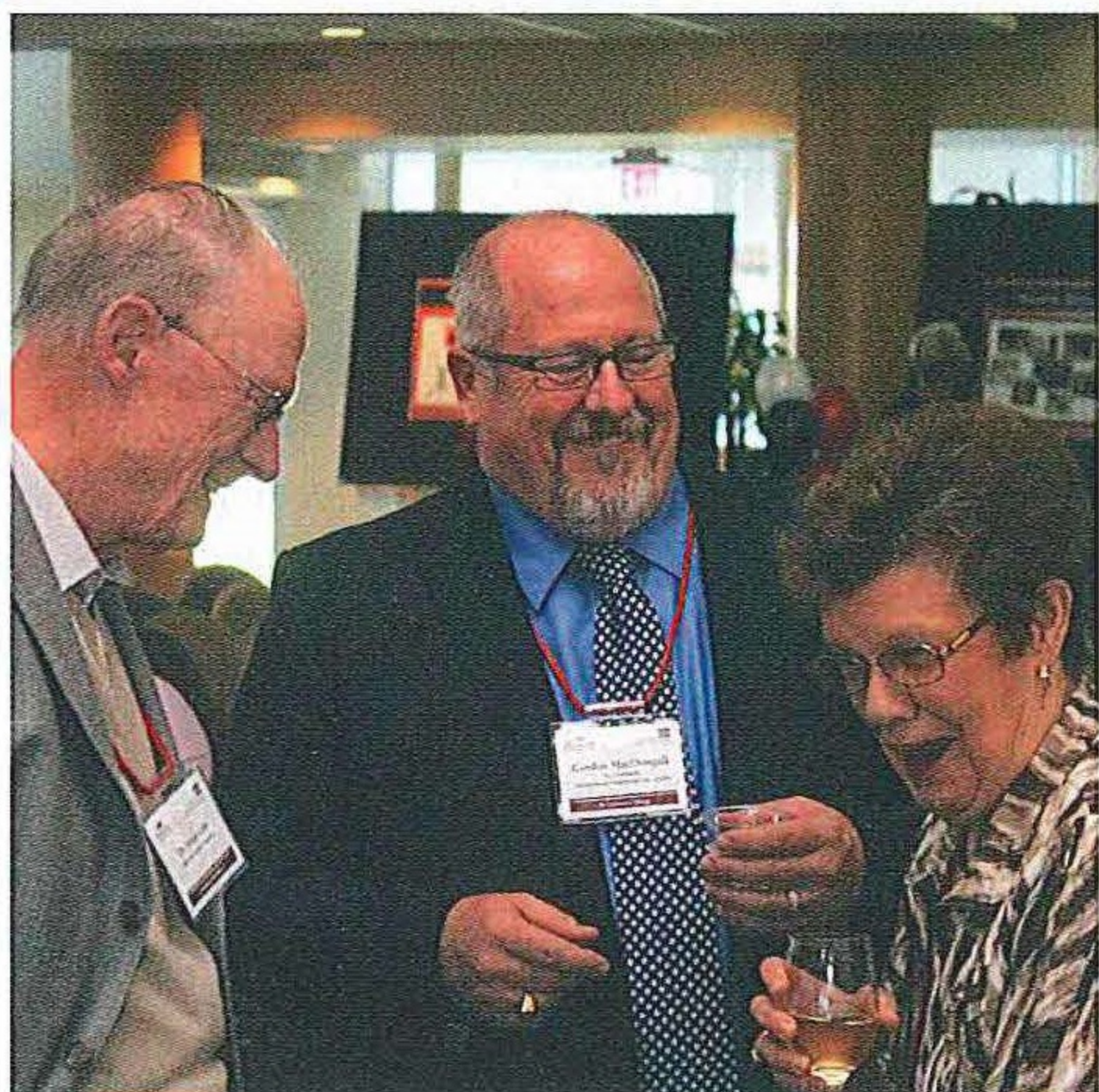
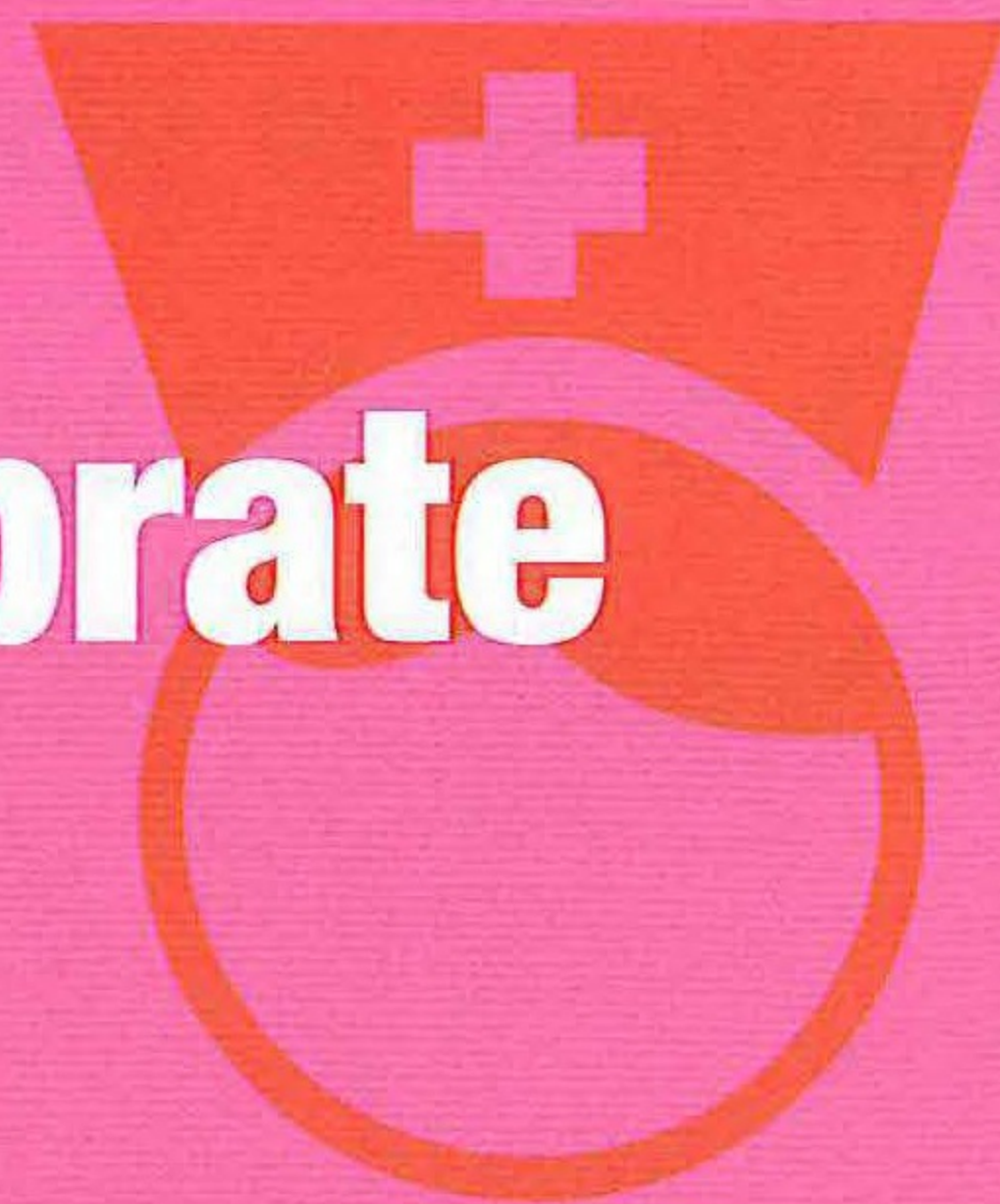
"The supply chain is one of the most essential sectors of the Canadian economy, involving about 767,000 workers from a range of occupations and industries," said Kevin Maynard of the Canadian Supply Chain Sector Council. "We are excited about the launch of this new

(Continued on page 29)



Kingston Nurses Celebrate 40 years

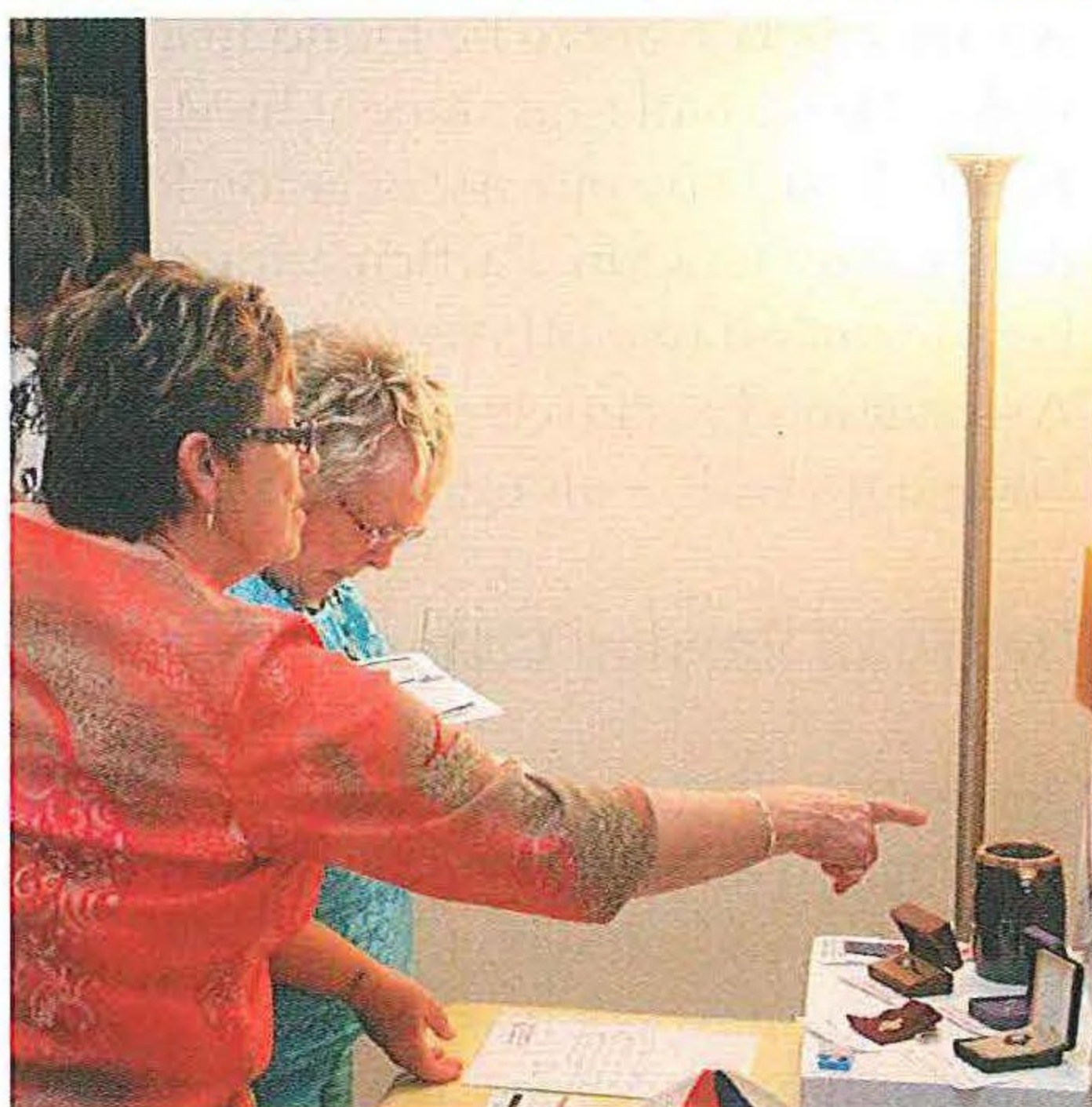
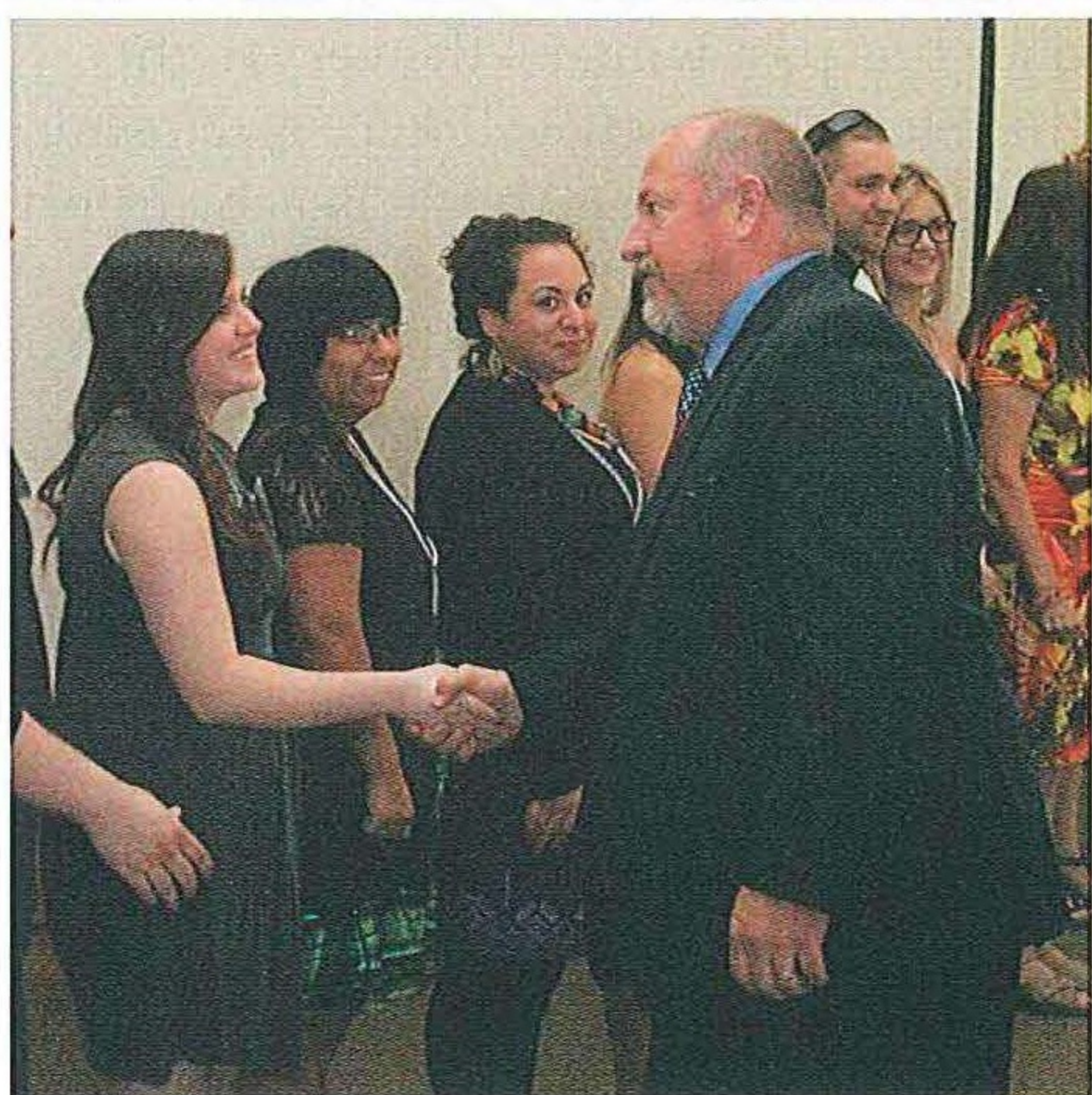
See the video at www.youtube.com/user/aboutslc
and find the Story of Nursing at SLC video



In 1973, nursing education moved from the hospital schools to the Colleges. In Kingston, that meant the three hospitals – KGH, Hotel Dieu and the former Kingston Psychiatric Hospital – would no longer educate the next generation of nurses, and the then five-year-old SLC would take up the task. As part of an ongoing series recognizing the history of nursing in the city, the Healthcare Museum turned the spotlight on St

Lawrence and a joint celebration was the result. Approximately 150 alumni and guests met at the college for a reception and presentation of a video on the history of nursing at the college (as told by alumni), before boarding a shuttle to the museum to view the display of memorabilia on loan from grads – including class rings, the infamous nursing cap, and the striped nursing uniform. 🏠

See more photos on our Alumni Flickr site: www.flickr.com/photos/slcalumni



Retirees @ SLC

Who is Doing What? Catching up with SLC Sunshine Campus



(Left to right) Kathy Lawton, Dick Tindal, Brad Hill and Anne Breault try their luck at bocce

On the assumption that the readers of this column would be interested in hearing about members of our Association and what they are up to these days, what follows is a highly selective and incomplete report on some of the SLC retirees.

The Bocce Ball Championships of South Carolina

This past winter a substantial number of our members were to be found in a high stakes Bocce ball tournament in Myrtle Beach, hosted by our Association President Kathy Lawton. Participating members included two other members of the Association Executive – Anne Breault and yours truly – along with Brad Hill,

Brian Murphy, Alice Welsh, Jerry Zabel, and several spouses. Some of the action is depicted in the scenes below which show, from left to right, Tindal demonstrating how to make a throw without spilling a drop from your glass, Lawton duplicating this feat quite nicely, Hill hiding behind shades to avoid the Bocce groupies who roam the area in search of celebrities, and Breault displaying a double-fisted approach to the game.

The Bocce ball group constituted only half of the SLC retirees who spent from one to four months in Myrtle Beach this past year. The others were Bill Cowan, Dan Dexter, Blayne Mackey, Alex Macmillan, and Ron Robinson. Both Steve Graves and Vincent Durant also paid brief visits this past winter. I blame myself. My wife and I discovered Myrtle Beach 11 years ago and it is now our second home (for four months each year). We have gradually lured a growing number of St. Lawrence colleagues to join us there. Most of them enjoy the many golf courses, but we just enjoy the ocean, the 60 miles of beach that constitute the Grand Strand, and the moderate winter weather. Mind you, it did snow once this past winter – the very night that Steve Graves flew down. As a result, he finally got to the Myrtle Beach airport well after midnight, more than 5 hours behind schedule. Undaunted, he managed to golf five times during his one week visit. 🌊

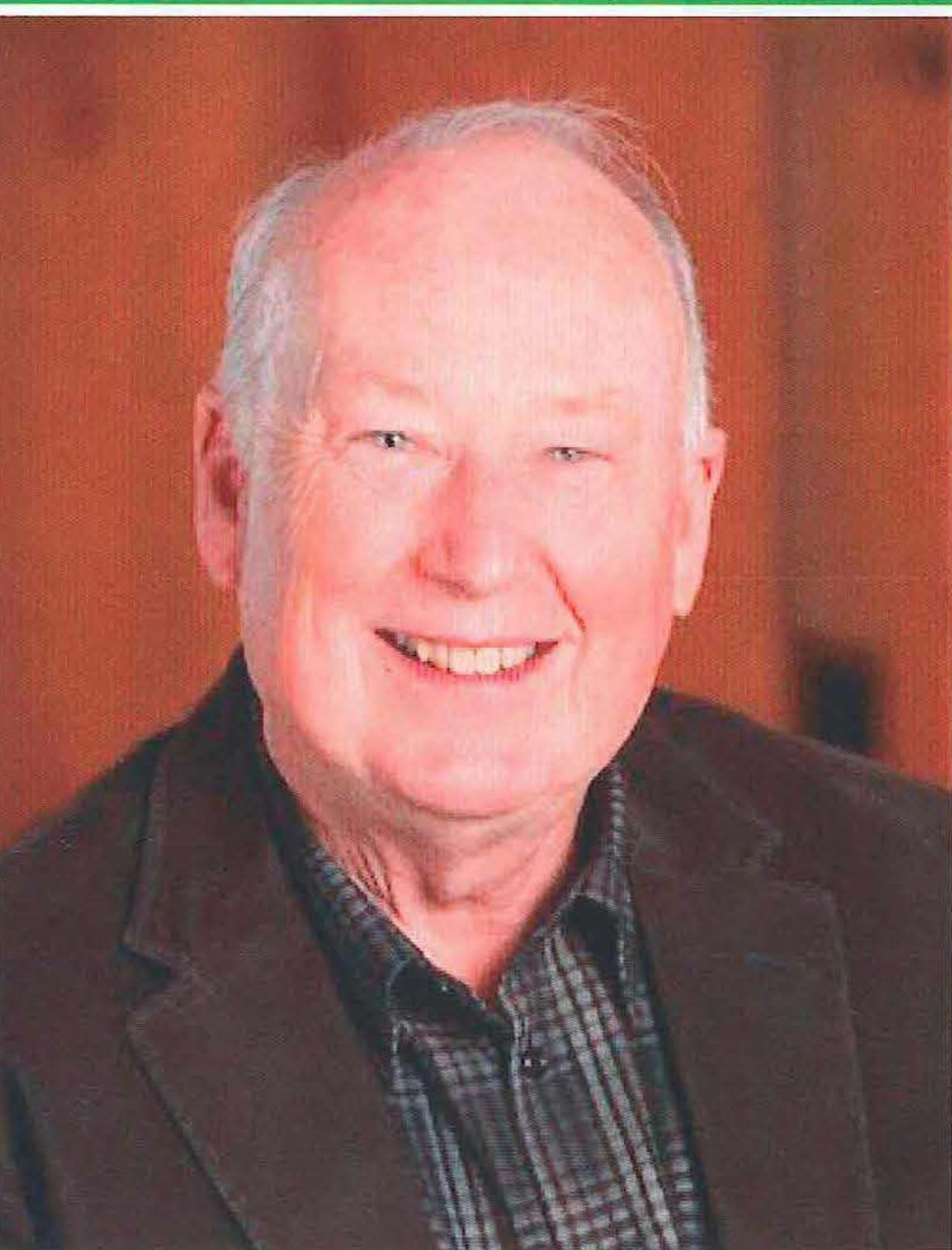
The Fund Raising Champion of Eastern Ontario

One of the visitors to Myrtle Beach a few years ago, who is expected to return in 2014, is Ian Wilson who taught economics and business courses at the Kingston Campus before becoming a department head for a number of years leading up to his retirement in 2006. For many years he has also been an executive member and chair of various community organizations – including library boards, health units, conservation authorities, and hospital boards. Ian was Chair of the University Hospitals Kingston Foundation during a fundraising drive that raised \$72 million for three institutions in the Kingston area. He recently launched, in conjunction with the SLC Retirees Association, a Fifty for Fifty Campaign, the objective of which is to raise \$50,000 by 2017 (the 50th anniversary of the com-

munity college system) so that we can endow several student scholarships.

All alumni are most welcome to contribute to this venture. Most of those reading this column were students and will appreciate the difference it can make if financial support is available to help with the costs of education. If you are interested in supporting this very worthwhile fund-raising initiative, you can make our gift by credit card on line at www.givetoslc.ca/retireesfund.

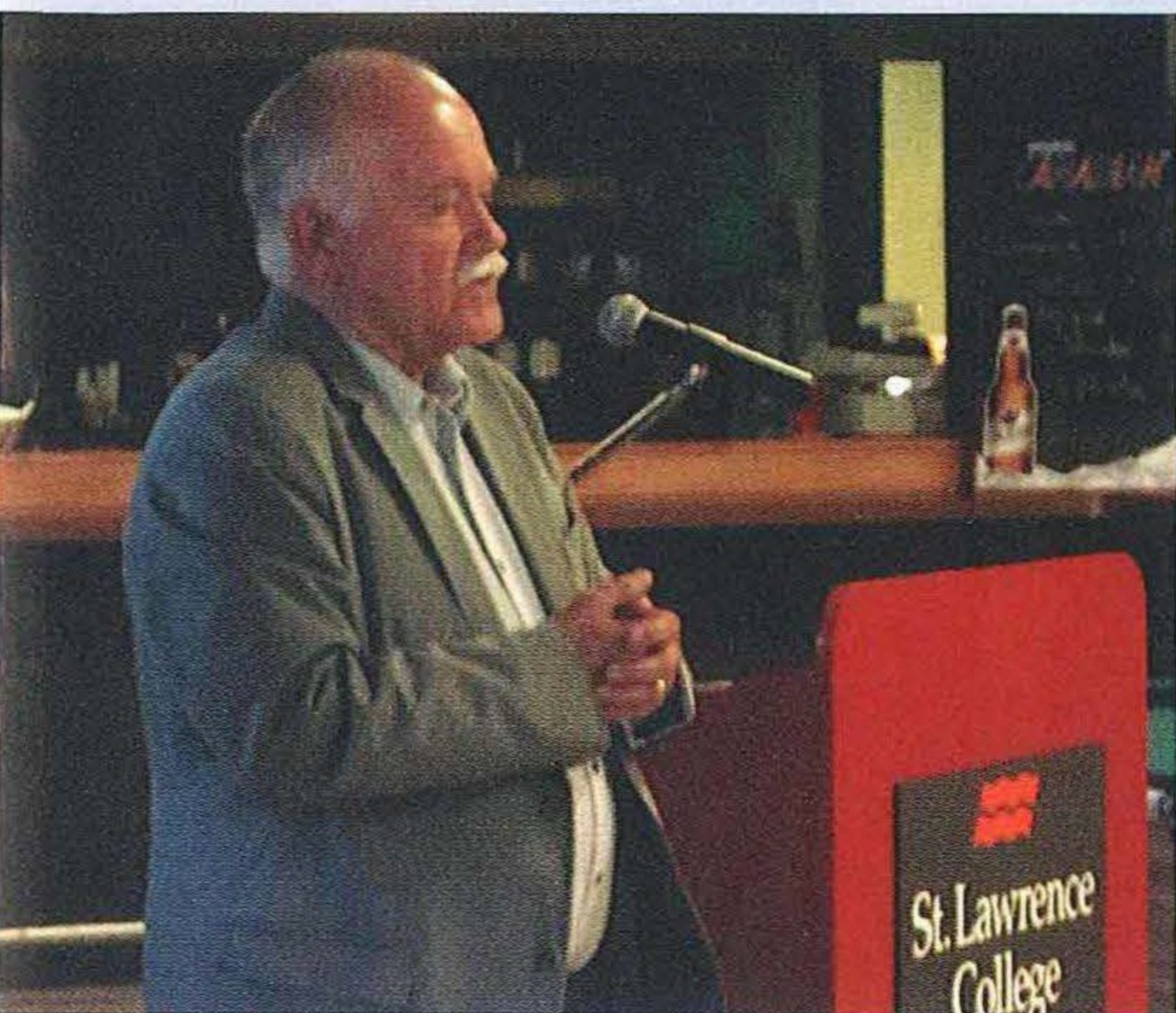
Please note that if you are a retired College employee, staff or faculty, and interested in joining the SLC Retirees Association, just contact Dick Tindal at tcl.kingston@gmail.com. 🌊





Quotable

Newly retired Brockville Police Foundations prof Mike Hart looks back
(excerpted from an interview by Ed Lypchuk)



Q: Most challenging moments?

Protecting the curriculum from too much tampering. Currently the Police Foundations Program curriculum provides a strong education foundation that, in many aspects, can be identified with a liberal arts diploma. Students explore theories of sociology, psychology, criminology, and the concepts associated with Canadian diversity, Canadian social issues, public administration and professional ethics. From time to time there is pressure to change the curriculum to include more core police skill development, while reducing the content of some of the learning mentioned above. This would be a mistake in my view. Essentially, it would detract from the education of our students.

Q: Most memorable ones?

Watching our graduates accept their diplomas with all the rights and privileges associated with that academic award. They are stronger persons in all ways; they are informed and educated about their world. They are better persons and citizens for the experience.

Q: What are some of the intangibles you deem very important for graduates to be successful?

I think an important consideration is the building of self-confidence. This involves learning to see and experience difficulties, not as threats, but as challenges to be managed.

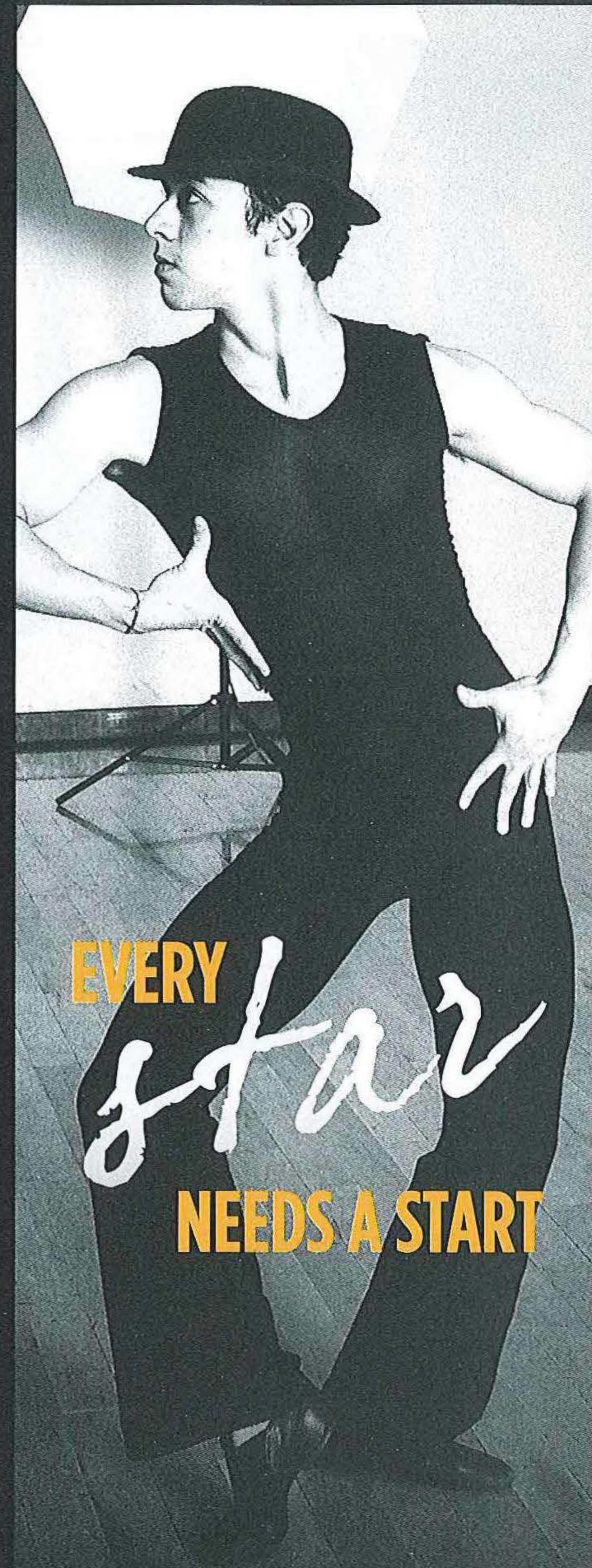
Q: You retire this year. What will you miss most of all?

I will certainly mostly miss being with the students. The students with whom I have worked and shared my knowledge and experiences over the years have been a wonderful group. I have enjoyed working with all of them.

Q: Last word?

A retired police officer who taught with me said something that I have always remembered as a truth. He said "you know, a great thing about teaching here is that I get to tell my police stories. And the best part about that is that after a while I start to believe my stories myself." Teaching in the Police Foundations Program with St. Lawrence College has been a privilege. I believe that I have helped make a positive difference for a lot of students. It doesn't get any better than that.

The interviewer, Ed Lypchuk, was an original member of the Brockville Campus upon its opening in 1970, and belongs to the SLC Retirees' Association. To read the entire interview with Mike, go to www.slcalumni.ca/retirees



Become a friend today and help make dreams come true. *Friends of Music Theatre* are privy to special benefits.

Join today, go to www.givetosl.com/musictheatre to make your gift and find out more.



St. Lawrence
College

UPDATE



WIN

You came to St. Lawrence to start your career . . . now tell us about it!

Update your Alumni record at:

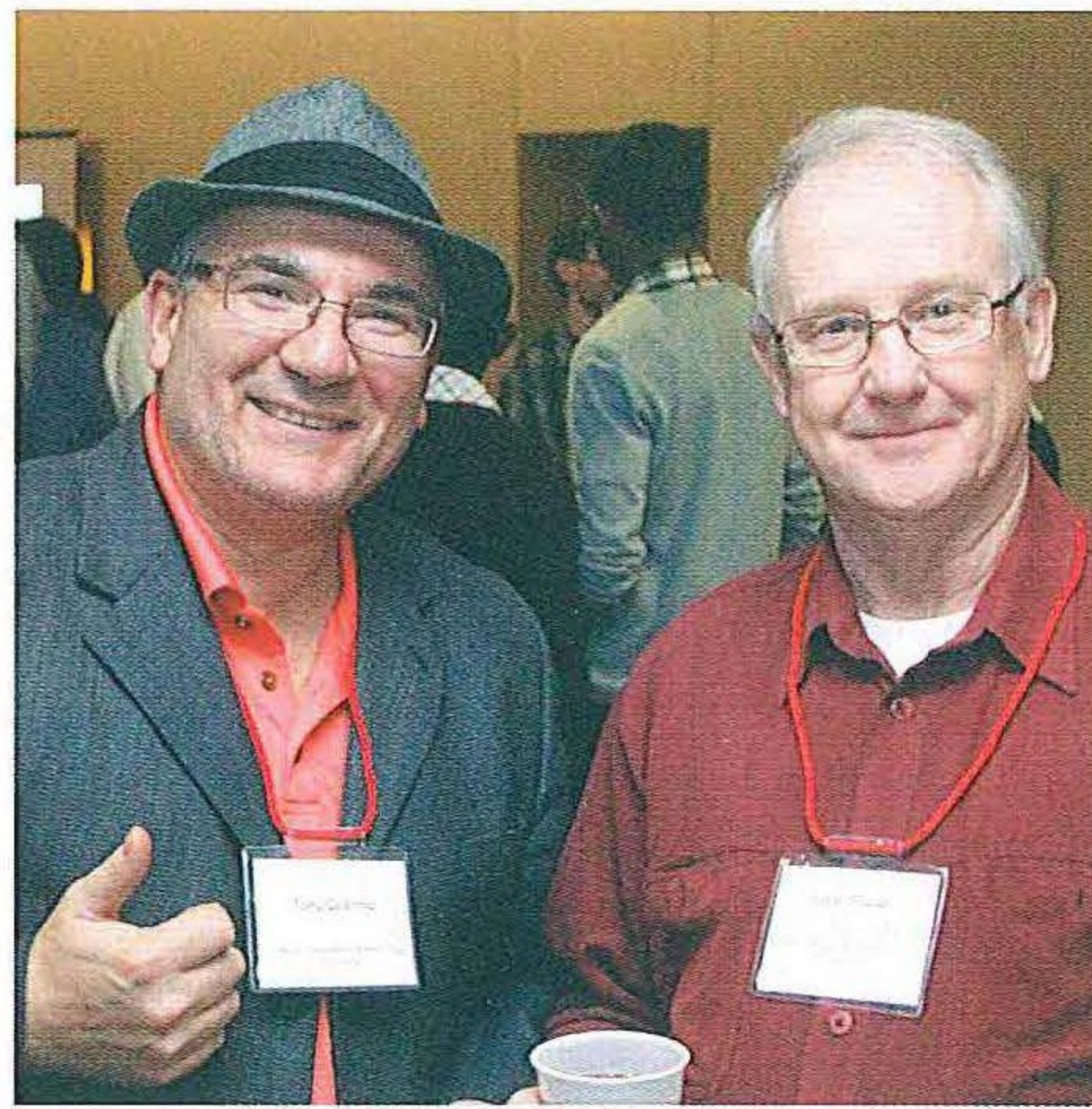
www.slcalumni.com/update

with your current employment information and we'll enter your name in a draw to win SLC Alumni Swag. THREE lucky alumni will be able to choose from a Computer Bag, Hoodie, Golf Shirt and more!

All updates made online – with employment information (even if it's just that you've retired!) – Until September 30, 2013 will be eligible.

ENTER TODAY


Alumni
St. Lawrence College



Networking IT Grads

It had been something of a tradition many years ago, so when the Information Studies Student Council (ISSC) decided to resurrect the Student & Alumni year-end mixer, there was no way to know how it would be received. But from the day the website went up,

until the doors opened on April 7, it was clear that Kingston IT grads were waiting for the invitation. Over 240 grads and guests gathered in Davies Hall to connect with old classmates, former colleagues and past and present faculty. 🌊



Alumni Echoes

1973

Larry Gibbons

Animal Care Technology - K

Larry has been published in 3 short story anthologies and had a book published November 2012: 'White Eyes', by Brenton Books on Canada's Writes Long List 2013. He has also been writing for the Friends of Frontenac Park (TioWulf) newsletter, and has been published in several newspapers and magazines.

1975

Joan Currie

Diploma Nursing - K

"Proud grad of the first class of nursing at SLC. I did not think this idea would work but it's been great. The college then and now takes care of its grads, Thanks!"

1976

Larry Mussio

Electronics Engineering Technology - K

"I retired from Bell Canada in October 2012, after 32 years of service as a Project Manager. I was then hired by Netricom Inc. working as an independent contractor for Bell Canada. After I graduated in 1976, I worked for Sask Tel as an Outside Plant Technician for five years before returning to Ontario. I have been married to my wonderful wife Sandra for 35 years, with two grown children both working in the Toronto area. I am looking at really retiring in the near future but I am having too much fun working - unlike some people I love my job. Working with the latest technology like Fibre to the home, fibre to the Business, providing unlimited bandwidth and Fibe TV in this ever-evolving telecommunication industry is a challenge that I really enjoy."

1977

Patricia Stead-Lanthier

Animal Care Technology - K

"My time with St. Lawrence College was a wonderful time and led to a very rewarding career in biological scientific research with the National Research Council Canada.

1978

Deborah Richards

Animal Care Technology - K

"I can't thank SLC enough for the quality education I received from the Animal Care Technology Program. This past May marked the 35th anniversary of my graduation, and I am proud to say that I have been employed with the SAME clinic for those 35 years.

1983

Kenneth Baker

Child and Youth Worker - K

"I really enjoyed my time at SLC Kingston. I am now retired from ministry as an Anglican Priest. I'm enjoying the time with my wife in the lower mainland of British Columbia."

1991

Jacqueline Baker

Nursing - B

"During my time at SLC I obtained skills and confidence that served me well during my career."

1995

Eva Kratochvil

Correctional Worker - K

"I went on to the University of Western Ontario and did my Bachelor of Arts in Sociology and became employed readily following graduation. I managed within a year to be working in the job I had wanted with abused women and their children and I haven't stopped since!" Eva received the Queen's Diamond Jubilee Medal last February in recognition of all the work, board work and volunteering she does within her community and across the province to help abused women, in addition to her extensive contributions as an advocate within the LGBT community as a Board member with Windsor Pride Community.

1997

Judy Vandale

Veterinary Technology - K

"St. Lawrence was a college of great opportunity and fun at the same time."

1998

Anthony Clark

Child and Youth Worker - B

"I really enjoyed my time at SLC in Brockville. After graduating from the CYW program I worked in some group homes and then fostered for 10 years. I just graduated from Granttown University with a BA in Teaching and Education. My wife and I are off to Djakarta Indonesia to teach English.

2001

Nadia Fitzgerald

Advertising and Public Relations - K

"Mike and I were married in the Dominican Republic on November 12, 2012. We were lucky to have 25 people travel with us on our adventure, including our beautiful daughter, Michaela."

Erika Westcott

Business Administration - Accounting - K

"St. Lawrence College provided me a great foundation for my career. Through participating in the Student Association and the A.C.C.C, it allowed me to gain practical experience along with my studies . . . and I was able to finish my last day of class in April and start working full time in May! My experience at SLC has been a cornerstone I have been able to build on and now find myself on a very successful path. Thank you SLC!"

2003

Kyle Hussey

Business Administration - Marketing - K

"St Lawrence gave me the skills and the foundation to help build my career in sales. In my time since St Lawrence I have traveled throughout North America and the Caribbean increasing awareness and creating recycling programs that have not been created in the past. St Lawrence gave me the confidence that was needed to get me to where I am today."

Tanya Vigna

Office Administration - General - K

"I loved my time at SLC! The faculty was great, even with taking 6 years off, they still remembered me! The atmosphere is great & I loved it! There is no school like it!"

2006

Cindy Martin

Indigenous Community Health Approaches - K

"The Indigenous Community Health Approaches Program instructors provided me knowledge and confidence to become an innovative speaker on Traditional Health for Native people."

Debbie Alward

Early Childhood Education - B

"In taking the Early Childhood Education by correspondence, I found the instructors very helpful by phone. Their willingness to help was amazing."

2007

Tracey Geneau

Biotechnology Technologist - K

"I loved my time at St Lawrence. This was my third time in School; My second diploma. I learned a lot that I apply to my job daily. I finally got a good job!"

2009

Tammy Ridge

Practical Nurse – C

"I truly enjoyed the practical nurse program. The knowledge I obtained from St. Lawrence College prepared me for the full time career that I have today in the Postpartum unit at Winchester District Memorial Hospital today. Thank you to all my professors that gave me the knowledge and encouragement to push forward in my endeavors."

Steve Fowler

Police Foundations - K

"I am grateful that I received an excellent education by the great staff of this program. I am now working in court services for the Ontario Government. I owe a lot of my success to the hard work of the faculty of this program. Faculty go above and beyond their role as teachers to help assist students in the career endeavors, and job search. Thank you SLC for a great experience from 2007-2009 that has opened the gateway to a promising and successful future."

2011

Valerie Goyette

Practical Nursing – B

"I enjoyed my time with SLC during my PN alternative delivery program even though there were many ups and downs! The campus is small and I met a bunch of new friends! The staff is supportive and willing to help others!"

2012

Caitlin Norwich-Stevenson

Behavioural Science Technology – K

Caitlin was appointed the new public education coordinator for the Alzheimer's Society of Kinston Frontenac Lennox and Addington.

Pierre Laframboise

Leadership for Managers

"I took a course in Novell Netware many years ago at St. Lawrence. It was well run with a combination of lecture, labs and exercises. Later I did the Leadership For Managers program Certificate. It was very well run with lectures, guest speakers, team & group assignments, role playing, case studies and presentations by students. Also have some great reference materials I still use from this program."



Bernard Clark (top photo, right, with curator Christina Chrysler and Fine Arts Program Coordinator Andrew Hamilton) and Hanna MacNaughton (with sculpture) took home first and second prize respectively as part of the Alumni Art Show: Art Matters at the Marianne van Silfhout Gallery on Brockville campus. This year's show saw a diverse collection of alumni works. Joining Bernard and Hanna are alumni Cindy Arthurs, Bev Ashford, Karen Atcheson, Audrey Bain, David Barker, Belia Brandon, Sue Carlisle, Britt Derbyshire, Sophia Doyle, Helen Fenton, Elsie Gallinger, Heather Griffith, Marg Grothier, Arlene Hare, Keith Hare, Jyneen Horton, Mike Laking, Kathy Lavender, Solange Leman, Elaine McClintock, John McClintock, Pam McKinnon, Jesse McMahan, Laura Metansinine, Dee Moore, Mary-Louise Scappaticci, Henry Vyfinkel, and Marilyn White.

The show runs until July 20 and admission to the Gallery is free.

It's the click that counts



Show your support of SLC and make your gift online at

givetosl.com

It's easy. It's fast.
It's a great way to support our students.

Make your gift online today and start making a difference at SLC.



St. Lawrence College

Passings



FLEMING, Katherine Sharon (Behavioural Science Technician, 1979) - 1959-2013. It is with great sorrow that we announce the passing of Katherine Sharon Fleming on Saturday June 8, 2013, at the age of 54 years. She leaves to mourn her loving husband, David Tremaine; son, Joseph Tremaine; step-daughters, Kyla Tremaine, Shayla Tremaine; parents, Hubert and Sheila Fleming, sisters: Debbie (Ron) Servage, Gayle (Pierre) Poirier. Katherine was born in Winchester Ontario and grew up on the family farm in Chrysler, Ontario. She graduated from St Lawrence College in 1979 and moved to Alberta in 1981 to continue her career in Human Services. Katherine introduced the concept of personal planning to the Northwest in 1986, after which she spent her career advocating for people. She worked tirelessly facilitating her many communities. Her infectious laugh announced her arrival at gatherings both social and professional. Katherine made

friends wherever she went. She will be missed.

DANCAUSE, Kathleen (Teen) (Faculty, Fine Arts, Cornwall) - AOCA - In the quiet serenity of Carefor Hospice, Teen passed away just after midnight in the early hours of Friday, November 2, 2012. Her family, for the last few days, had gathered together to share time with her and to say their goodbyes. She is survived by her devoted and caring husband, Hubert (Hugh) A.V. Dancause, and by all seven loving children who live not far away from her lovely home on Joyce St in Cornwall. Teen obtained her Associate of the Ontario College of Art in Toronto. Community work involved teaching and promoting art. She taught at St Lawrence College, Cornwall campus for 15 years: drawing, painting, art history, landscape and design. She was a founding member of the Cornwall Arts Development Committee and won their award for promoting art in the community. She helped found the Cornwall Regional Art Gallery. She was involved with the Encore Seniors program at St Lawrence College conducting workshops in Art History and Appreciation.

WILSON, Lindsay Margaret, (Development Services Worker, 2008) Born 30 July 1986, Died tragically and senselessly on April 5, 2013 at the beautiful young age of 26 years. Beloved daughter and best friend of Alison Irons of Ajax, Ontario and David Wilson of Glencairn, Ontario; cherished stepdaughter of Greg Watson of Ajax. Closest friend of her grieving brother Andrew of Toronto.

Lindsay was a compassionate, kind and beautiful soul pursuing the vocation she found in herself at the age of 8 - working in developmental and social services with vulnerable adults, youth and children, while completing her Bachelor of Arts (Honours) in Child and Family Studies at Nipissing University's Muskoka Campus. She had hoped this year to be accepted into the University of Windsor's MSW program, had so much to give this world and had her whole life ahead of her. A fierce advocate of the rights of people with intellectual and developmental disabilities, she was a valued and beloved employee of Community Living Kingston after graduation as a Developmental Services Worker

6th Annual Alumni Show ART MATTERS

St. Lawrence
College



Artist: Kaitly Lavender
Title: "Distant Shore"
Size: 24"x24"
Medium: Acrylic

JUNE 21, 2013 – JULY 20, 2013

OPENING RECEPTION

June 21, 2013 from 5-7 pm



Marianne van
Silthout Gallery at
St. Lawrence College

2283 Parkdale Avenue
Brockville, ON K6V 5X3
T 613-345-0660
www.stlawrencecollege.ca

from St. Lawrence College and later, between university semesters at Nipissing. She loved her work and her “participants” at Kingston Community Options passionately and made many friends there among co-workers and the families she helped. It is a tragedy that she was robbed of her life when she herself was such an unselfish, loving, compassionate and gentle person.

DAVID, Sheila “Katsitsakatsi” Marie, AKWESASNE – Sheila M. David “Ka tsi tsa ka tse”, 58, of St. Regis, Que., passed away on Sunday afternoon, January 20, 2013, at the Cornwall Community Hospital, where she was admitted Tuesday evening with pneumonia. She had been courageously fighting cancer since last fall. Sheila was born September 9, 1954, in Cornwall, ON, the daughter of John K. and Mary A. Barnhart David. She attended schools in St. Regis Village, St. Columban’s in Cornwall, and General Vanier High in Cornwall. Sheila also attended Kemptville Agricultural College, and St. Lawrence College, graduating with a Business Administration degree.

Sheila worked at the Akwesasne Freedom School, North American Indian Travelling College, and the Mohawk Council of Akwesasne, and G&L Service Center. She also was the director at the

Home of the Aged in St. Regis, Kanatokon District Chief from 1993-1997 and a member of the Kanatakon Membership Board, a member of the Community Organization Membership Board, and the Recreation Committee in St. Regis. Sheila is survived by her three sons, Mose King, Ryan King, and Jacob David, all of St. Regis.

SAYERS, Scott Ernest (Business Administration – Industrial Management, 1982) Passed away suddenly on January 14, 2013. He leaves to cherish his memory, his beloved wife and best friend Marlene (Ferguson), son Devin and his mother Pearl Sayers. He was predeceased by his father Ernie Sayers and Magic, the family’s cocker spaniel. He was born July 31, 1959 at Kingston, Ontario. He met his wife Marlene in 1981. He graduated from St. Lawrence College with a diploma in Industrial Relations in April 1982 and married Marlene in August 1982. He worked at several positions before he resigned to become a stay-at-home dad when his son was born. He was a very private person and loved spending time with his family. He enjoyed walking/hiking, attending plays, and dining out. He will be sadly missed by his family and friends.

(Passings are compiled from published obituaries in Canadian newspapers)

Programs for Grads

(Continued from page 20)

program as it will ensure we will have a pool of well-trained employees for positions in our industry in the future.”

Graduates will find meaningful employment as materials managers, retail and wholesale buyers, purchasing managers, strategic sourcing analysts and supervisors in materials handling, among other opportunities.

The Logistics and Supply Chain Management graduate certificate program is for those who have a two-year college diploma or a Bachelor’s degree. Applications are being accepted into the program for September. For more information please visit www.stlawrencecollege.ca/logistics.

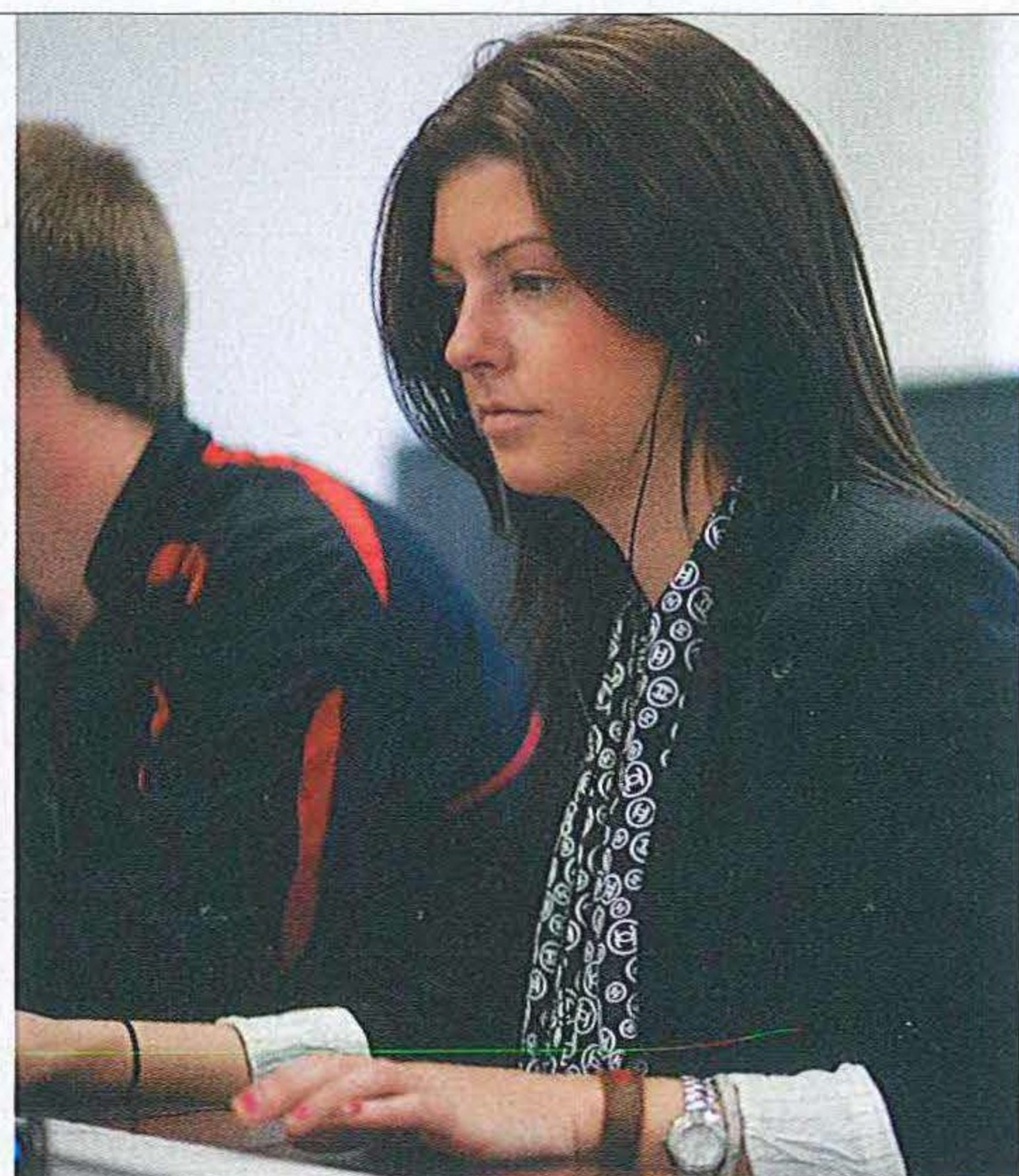
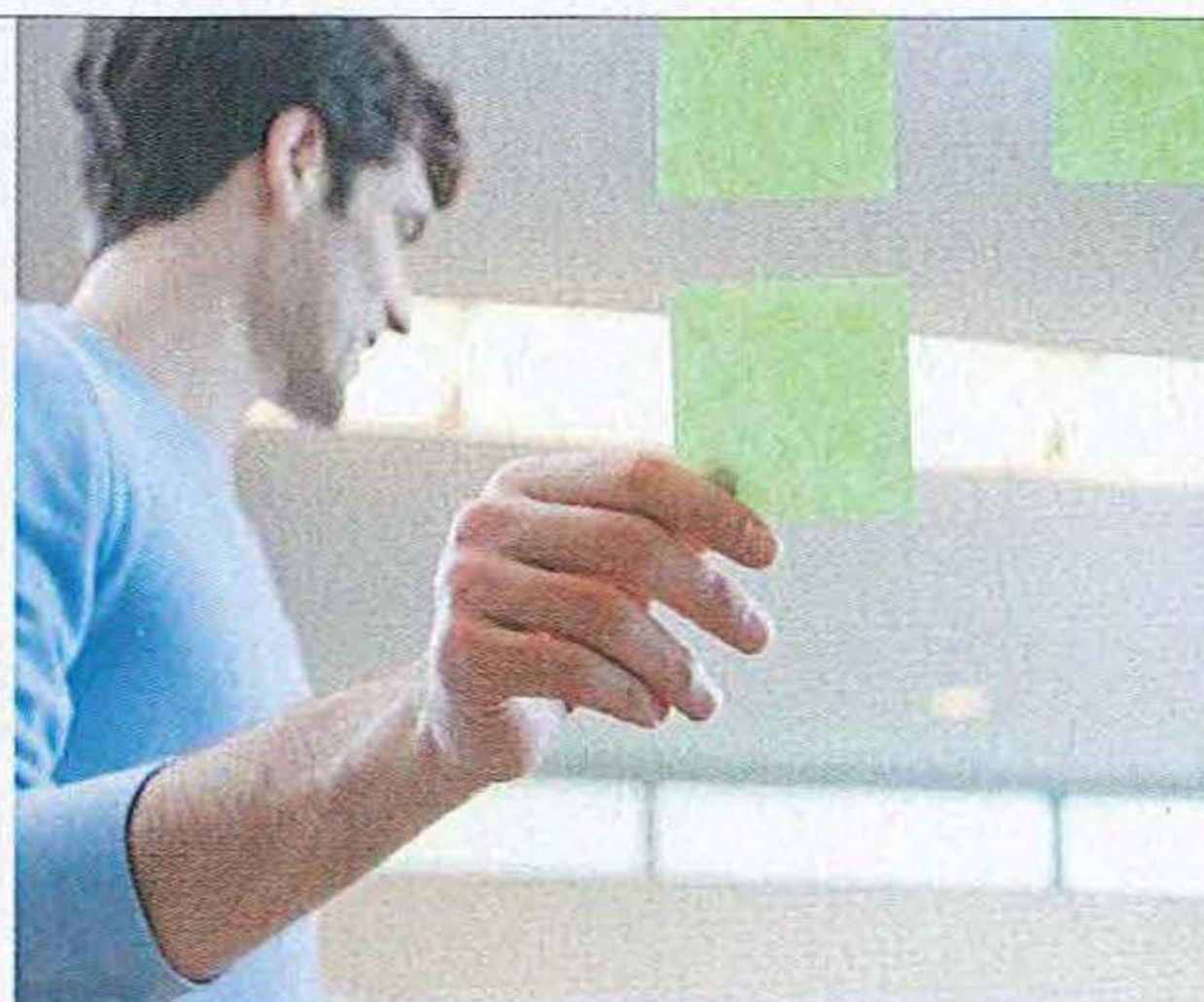
The Interactive Marketing Communications graduate certificate program is for those who already have a diploma or degree. Applications are being accepted into the program. For more information please visit www.stlawrencecollege.ca/imc. 

THE JOB YOU LOVE IS CALLING

INTERACTIVE MARKETING COMMUNICATIONS (IMC)

POST-GRAD PROGRAM, KINGSTON

Get skills that are in demand and the guidance of industry professionals. Prepare for a career as a Digital Strategist in a state-of-the-art learning environment. Gain hands-on practical experience through a model interactive marketing agency and a work placement. From concept to execution and evaluation, students will work to solve real challenges from real clients. www.stlawrencecollege.ca/imc



St. Lawrence College

Making his Mark

New grad Mat Milberry finds his mark at the intersection of his interests

Mat Milberry (Business Administration – Accounting, 2012) is the creator and owner of Benchmark Testing. This Cornwall-based business works with athletes young and old to offer sport-specific testing that helps them determine both individual and team strengths and weaknesses.

You were a student athlete and a business student. With Benchmark Testing you seem to have combined both interests. Was that your intent when you entered College?

My intent was to certainly start my own business at some point after graduating from SLC. I would be lying if I said I expected it to happen so soon upon graduating in the spring of 2012 with the launch of Benchmark Testing 6 months later. With my experience, knowledge and passion from playing at a high level of hockey, Junior A Hockey with Brockville Braves and then with the Royal Military College of the Canadian Interuniversity Sport, I know firsthand the hard work required on and off the ice to compete at a high level. Starting a business that combined my educational background and passion for hockey, and other sports, had always been a goal of mine. I was introduced to the data collection process in sports during my last year at SLC, and that's when the concept of Benchmark Testing started.

What is the one subject you wish you had paid more attention to while at the College (or that you didn't appreciate until leaving?)

Believe it or not but the one class I wish I paid more attention to was Entrepreneurship. I had taken the class during my first year at SLC Cornwall.

What is the number one piece of advice you give to athletes who want to better their performance?

Not to get too high or too low psychologically during training and performance. When things are going good and you're at the top of your game, don't be too satisfied, keep striving to improve. And when things don't seem to be going right and it's frustrating, don't get discouraged, use it as motivation to keep pushing to become better. In the end, if you're not putting the work in, someone else is!

Your work also brings you into contact with parents of athletes. What advice do you give to them to encourage their children?

I encourage parents to have their children take part in different sports and activities when growing up. Developing into an all-around good athlete is encouraged by any pro athlete and strength training specialist

Where do you see yourself and your business in five years?

My personal goal is to continue educating players, parents and coaches on how

to implement concrete data into player and team development through our various Testing Programs - building our product so that our Testing Programs become an annual event for players on an individual basis through our Summer Testing Programs, and as a team through our Team Testing Program.

Currently we run a group of Bantam/Midget aged AA/AAA hockey players in our Summer Testing Program and have committed to run Queens University Men's Hockey Team in our Team Testing Program. We are having similar Team Testing discussions with other CIS Hockey Programs throughout Ontario and Quebec, and Tier 1 Junior Hockey teams throughout Eastern Ontario.

Our long term goal is set up Benchmark Testing spots throughout Canada with our own facilities while still providing our testing services on the road, and to also expand our Testing Programs to the USA.

GOOD STUFF CHEAP!

ALUMNI PERKS, JUST FOR YOU

CHEAP Movie Tickets!

Movie tickets from Cineplex
Odeon, Famous Players, AMC,
Empire Theatres

CHEAP Live Performances!

Tragically Hip, Coldplay, Wicked,
Cirque du Soleil

CHEAP Accommodations!

Edmonton, Calgary, Montreal,
Niagara Falls, Toronto

CHEAP Attractions!

CN Tower, Great Wolf Lodge,
West Edmonton Mall,
Toronto City Pass

CHEAP Sports!

Raptors, Blue Jays,
Toronto FC

CHEAP Services!

Home, auto and life
insurance, car rentals,
CAA memberships,
Travel discounts

Like us on Facebook, join us on Linked In or visit our
website to keep up on the latest alumni benefits.

facebook.com/stlawrencecollegealumni • linkedin.com • stlawrencecollege.ca/alumni


Alumni
St. Lawrence College

TD Insurance
Meloche Monnex

Discover why over 375,000 graduates
enjoy greater savings

You could **WIN**
a Lexus ES 300h hybrid



or \$60,000 cash!*

Join the growing number of graduates who enjoy greater savings from TD Insurance on home and auto coverage.

Most insurance companies offer discounts for combining home and auto policies, or your good driving record. What you may not know is that we offer these savings too, plus we offer preferred rates to graduates of **St. Lawrence College**. You'll also receive our highly personalized service and great protection that suits your needs. Find out how much you could save.

Request a quote today

1-888-589-5656

Monday to Friday: 8 a.m. to 8 p.m.

Saturday: 9 a.m. to 4 p.m.

melochemonnex.com/slalumni

Insurance program recommended by



**St. Lawrence
College**



The TD Insurance Meloche Monnex home and auto insurance program is underwritten by SECURITY NATIONAL INSURANCE COMPANY. The program is distributed by Meloche Monnex Insurance and Financial Services Inc. in Quebec and by Meloche Monnex Financial Services Inc. in the rest of Canada.

Due to provincial legislation, our auto insurance program is not offered in British Columbia, Manitoba or Saskatchewan.

*No purchase required. Contest organized jointly with Primum Insurance Company and open to members, employees and other eligible persons belonging to employer, professional and alumni groups which have an agreement with and are entitled to group rates from the organizers. Contest ends on October 31, 2013. Draw on November 22, 2013. One (1) prize to be won. The winner may choose between a Lexus ES 300h hybrid (approximate MSRP of \$58,902 which includes freight, pre-delivery inspection, fees and applicable taxes) or \$60,000 in Canadian funds. Skill-testing question required. Odds of winning depend on number of entries received. Complete contest rules available at melochemonnex.com/contest.

©/The TD logo and other trade-marks are the property of The Toronto-Dominion Bank or a wholly-owned subsidiary, in Canada and/or other countries.